

Portland, ME - Mar 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:30	8.6	5:18	7.3	11:01	1.3	11:09	1.9	6:17	5:29	
2	Thu	5:30	8.7	6:24	7.4			12:05	1.2	6:15	5:30	
3	Fri	6:36	9.0	7:28	7.8	12:13	1.8	1:11	0.8	6:13	5:32	
4	Sat	7:39	9.5	8:24	8.4	1:18	1.3	2:09	0.2	6:11	5:33	
5	Sun	8:36	10.1	9:14	9.2	2:17	0.7	3:01	-0.4	6:10	5:34	
6	Mon	9:29	10.6	10:02	9.9	3:12	-0.1	3:48	-1.0	6:08	5:35	
7	Tue	10:20	11.0	10:49	10.6	4:04	-0.8	4:35	-1.4	6:06	5:37	
8	Wed	11:10	11.2	11:35	11.1	4:55	-1.4	5:21	-1.6	6:05	5:38	
9	Thu			12:00	11.1	5:45	-1.7	6:07	-1.5	6:03	5:39	
10	Fri	12:22	11.3	12:51	10.8	6:36	-1.8	6:55	-1.2	6:01	5:40	
11	Sat	1:09	11.2	1:43	10.2	7:28	-1.6	7:44	-0.6	5:59	5:42	
12	Sun	2:00	10.9	2:40	9.5	8:23	-1.1	8:38	0.1	5:57	5:43	
13	Mon	2:55	10.4	3:42	8.9	9:23	-0.5	9:37	0.7	5:56	5:44	
14	Tue	3:57	9.8	4:48	8.3	10:29	0.1	10:42	1.3	5:54	5:45	
15	Wed	5:04	9.3	5:58	8.0	11:39	0.5	11:53	1.6	5:52	5:47	
16	Thu	6:15	9.0	7:07	8.0			12:51	0.7	5:50	5:48	
17	Fri	7:24	9.0	8:08	8.2	1:05	1.6	1:55	0.6	5:49	5:49	
18	Sat	8:22	9.1	8:59	8.5	2:08	1.3	2:48	0.5	5:47	5:50	
19	Sun	9:13	9.3	9:42	8.8	3:00	1.0	3:32	0.4	5:45	5:52	
20	Mon	9:56	9.3	10:21	9.1	3:45	0.7	4:11	0.3	5:43	5:53	
21	Tue	10:36	9.4	10:56	9.3	4:26	0.5	4:45	0.3	5:41	5:54	
22	Wed	11:13	9.3	11:28	9.4	5:02	0.3	5:17	0.4	5:40	5:55	
23	Thu	11:48	9.2	11:58	9.5	5:37	0.2	5:47	0.6	5:38	5:56	
24	Fri			12:22	9.0	6:10	0.2	6:17	0.7	5:36	5:58	
25	Sat	12:28	9.5	12:56	8.7	6:43	0.2	6:50	1.0	5:34	5:59	
26	Sun	12:59	9.4	1:31	8.4	7:18	0.4	7:24	1.2	5:32	6:00	
27	Mon	1:34	9.2	2:11	8.1	7:57	0.5	8:04	1.5	5:30	6:01	
28	Tue	2:14	9.1	2:56	7.8	8:41	0.8	8:49	1.7	5:29	6:02	
29	Wed	3:01	9.0	3:48	7.6	9:32	0.9	9:41	1.8	5:27	6:04	
30	Thu	3:56	8.9	4:47	7.6	10:29	1.0	10:40	1.8	5:25	6:05	
31	Fri	4:58	8.9	5:50	7.8	11:30	0.9	11:44	1.6	5:23	6:06	