

Portland, ME - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:20	10.8	1:51	9.9	7:38	-1.2	7:54	-0.5	6:17	5:29	
2	Fri	2:09	10.6	2:46	9.4	8:32	-0.9	8:47	0.0	6:15	5:30	
3	Sat	3:04	10.3	3:48	8.8	9:32	-0.4	9:46	0.6	6:14	5:31	
4	Sun	4:06	9.9	4:57	8.4	10:37	0.0	10:51	1.0	6:12	5:33	
5	Mon	5:15	9.6	6:10	8.2	11:49	0.3			6:10	5:34	
6	Tue	6:28	9.4	7:21	8.3	12:03	1.2	1:03	0.3	6:08	5:35	
7	Wed	7:38	9.5	8:24	8.6	1:17	1.1	2:09	0.1	6:07	5:36	
8	Thu	8:39	9.7	9:17	9.0	2:22	0.8	3:04	-0.1	6:05	5:38	
9	Fri	9:32	9.9	10:04	9.3	3:17	0.4	3:52	-0.3	6:03	5:39	
10	Sat	10:20	10.0	10:46	9.6	4:06	0.1	4:34	-0.3	6:01	5:40	
11	Sun	11:03	9.9	11:24	9.7	4:50	-0.1	5:13	-0.2	6:00	5:41	
12	Mon	11:43	9.7	11:59	9.7	5:31	-0.2	5:48	0.0	5:58	5:43	
13	Tue			12:21	9.4	6:09	-0.2	6:22	0.3	5:56	5:44	
14	Wed	12:33	9.7	12:58	9.1	6:46	0.0	6:56	0.6	5:54	5:45	
15	Thu	1:07	9.5	1:36	8.7	7:23	0.2	7:31	1.0	5:53	5:46	
16	Fri	1:42	9.3	2:16	8.3	8:02	0.5	8:09	1.3	5:51	5:48	
17	Sat	2:22	9.0	3:01	7.9	8:46	0.8	8:53	1.7	5:49	5:49	
18	Sun	3:07	8.7	3:52	7.5	9:34	1.2	9:41	2.0	5:47	5:50	
19	Mon	3:58	8.5	4:48	7.3	10:28	1.4	10:35	2.1	5:45	5:51	
20	Tue	4:56	8.4	5:48	7.3	11:27	1.5	11:35	2.1	5:44	5:52	
21	Wed	5:57	8.5	6:49	7.6			12:28	1.3	5:42	5:54	
22	Thu	6:58	8.8	7:43	8.1	12:38	1.9	1:26	0.9	5:40	5:55	
23	Fri	7:54	9.2	8:31	8.7	1:37	1.3	2:16	0.4	5:38	5:56	
24	Sat	8:45	9.7	9:15	9.5	2:30	0.6	3:01	-0.1	5:36	5:57	
25	Sun	9:33	10.1	9:57	10.2	3:18	-0.1	3:44	-0.5	5:35	5:58	
26	Mon	10:20	10.5	10:40	10.8	4:06	-0.8	4:27	-0.9	5:33	6:00	
27	Tue	11:08	10.6	11:25	11.2	4:53	-1.3	5:11	-1.0	5:31	6:01	
28	Wed	11:56	10.6			5:41	-1.7	5:57	-1.0	5:29	6:02	
29	Thu	12:10	11.4	12:45	10.3	6:30	-1.7	6:45	-0.7	5:27	6:03	
30	Fri	12:58	11.3	1:38	9.9	7:22	-1.5	7:35	-0.3	5:26	6:04	
31	Sat	1:50	10.9	2:35	9.4	8:18	-1.1	8:31	0.3	5:24	6:06	