

Portland, ME - Jun 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:25	9.0	7:02	9.2	12:13	1.2	12:40	0.8	5:02	8:15	
2	Sat	7:26	8.6	7:55	9.3	1:17	1.2	1:35	1.1	5:01	8:16	
3	Sun	8:25	8.4	8:45	9.4	2:17	1.1	2:28	1.3	5:01	8:16	
4	Mon	9:18	8.3	9:31	9.5	3:11	0.9	3:16	1.5	5:00	8:17	
5	Tue	10:07	8.3	10:13	9.6	3:59	0.7	3:59	1.5	5:00	8:18	
6	Wed	10:52	8.4	10:53	9.7	4:42	0.5	4:40	1.6	5:00	8:19	
7	Thu	11:34	8.4	11:32	9.7	5:23	0.4	5:19	1.6	4:59	8:19	
8	Fri			12:15	8.4	6:01	0.3	5:56	1.6	4:59	8:20	
9	Sat	12:10	9.8	12:53	8.4	6:38	0.3	6:34	1.6	4:59	8:21	
10	Sun	12:47	9.8	1:30	8.4	7:14	0.3	7:11	1.6	4:59	8:21	
11	Mon	1:24	9.8	2:07	8.4	7:50	0.3	7:50	1.5	4:58	8:22	
12	Tue	2:02	9.7	2:45	8.5	8:27	0.3	8:32	1.5	4:58	8:22	
13	Wed	2:42	9.6	3:26	8.7	9:07	0.3	9:18	1.4	4:58	8:23	
14	Thu	3:27	9.5	4:09	8.9	9:50	0.3	10:08	1.2	4:58	8:23	
15	Fri	4:16	9.4	4:56	9.2	10:36	0.3	11:01	1.0	4:58	8:24	
16	Sat	5:09	9.2	5:45	9.6	11:24	0.3	11:58	0.8	4:58	8:24	
17	Sun	6:06	9.1	6:37	10.0			12:16	0.4	4:58	8:24	
18	Mon	7:08	9.0	7:33	10.4	12:58	0.4	1:12	0.4	4:58	8:25	
19	Tue	8:12	9.1	8:31	10.8	2:01	0.0	2:11	0.4	4:58	8:25	
20	Wed	9:14	9.2	9:29	11.1	3:02	-0.5	3:10	0.3	4:59	8:25	
21	Thu	10:14	9.4	10:25	11.4	4:01	-0.9	4:07	0.1	4:59	8:26	
22	Fri	11:12	9.6	11:22	11.5	4:58	-1.2	5:03	0.0	4:59	8:26	
23	Sat			12:09	9.7	5:53	-1.4	6:00	0.0	4:59	8:26	
24	Sun	12:18	11.5	1:04	9.8	6:48	-1.4	6:55	0.0	5:00	8:26	
25	Mon	1:13	11.3	1:57	9.8	7:40	-1.2	7:50	0.2	5:00	8:26	
26	Tue	2:06	11.0	2:50	9.7	8:32	-0.9	8:46	0.4	5:00	8:26	
27	Wed	3:00	10.4	3:43	9.6	9:23	-0.5	9:43	0.7	5:01	8:26	
28	Thu	3:56	9.8	4:36	9.5	10:14	0.0	10:41	0.9	5:01	8:26	
29	Fri	4:52	9.2	5:27	9.4	11:05	0.5	11:40	1.1	5:02	8:26	
30	Sat	5:49	8.7	6:19	9.3	11:56	1.0			5:02	8:26	