


































Portland, ME - Aug 1990

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 8:03 | 7.6 | 8:13 | 8.9 | 1:53 | 1.5 | 1:51 | 2.1 | 5:30 | 8:04 |  |
| 2 | Thu | 8:59 | 7.6 | 9:06 | 9.1 | 2:50 | 1.3 | 2:46 | 2.0 | 5:31 | 8:03 |  |
| 3 | Fri | 9:49 | 7.8 | 9:53 | 9.4 | 3:40 | 1.1 | 3:35 | 1.8 | 5:32 | 8:02 |  |
| 4 | Sat | 10:34 | 8.1 | 10:37 | 9.7 | 4:24 | 0.8 | 4:20 | 1.5 | 5:33 | 8:00 |  |
| 5 | Sun | 11:16 | 8.4 | 11:18 | 9.9 | 5:04 | 0.5 | 5:01 | 1.2 | 5:34 | 7:59 |  |
| 6 | Mon | 11:55 | 8.8 | 11:57 | 10.1 | 5:41 | 0.2 | 5:42 | 0.9 | 5:35 | 7:58 |  |
| 7 | Tue | | | 12:32 | 9.1 | 6:17 | -0.1 | 6:23 | 0.6 | 5:36 | 7:56 |  |
| 8 | Wed | 12:37 | 10.3 | 1:08 | 9.5 | 6:53 | -0.3 | 7:04 | 0.3 | 5:37 | 7:55 |  |
| 9 | Thu | 1:16 | 10.3 | 1:45 | 9.8 | 7:31 | -0.4 | 7:47 | 0.1 | 5:38 | 7:54 |  |
| 10 | Fri | 1:58 | 10.2 | 2:25 | 10.1 | 8:10 | -0.4 | 8:33 | -0.1 | 5:39 | 7:52 |  |
| 11 | Sat | 2:43 | 9.9 | 3:08 | 10.2 | 8:53 | -0.2 | 9:23 | -0.1 | 5:41 | 7:51 |  |
| 12 | Sun | 3:33 | 9.6 | 3:57 | 10.3 | 9:40 | 0.0 | 10:18 | 0.0 | 5:42 | 7:49 |  |
| 13 | Mon | 4:28 | 9.2 | 4:51 | 10.2 | 10:32 | 0.4 | 11:17 | 0.1 | 5:43 | 7:48 |  |
| 14 | Tue | 5:29 | 8.8 | 5:50 | 10.2 | 11:29 | 0.7 | | | 5:44 | 7:46 |  |
| 15 | Wed | 6:35 | 8.5 | 6:56 | 10.1 | 12:21 | 0.2 | 12:31 | 0.9 | 5:45 | 7:45 |  |
| 16 | Thu | 7:46 | 8.5 | 8:04 | 10.2 | 1:30 | 0.2 | 1:39 | 1.0 | 5:46 | 7:43 |  |
| 17 | Fri | 8:53 | 8.7 | 9:09 | 10.4 | 2:39 | 0.1 | 2:47 | 0.8 | 5:47 | 7:42 |  |
| 18 | Sat | 9:54 | 9.0 | 10:08 | 10.6 | 3:41 | -0.2 | 3:48 | 0.5 | 5:48 | 7:40 |  |
| 19 | Sun | 10:49 | 9.3 | 11:03 | 10.7 | 4:36 | -0.5 | 4:44 | 0.2 | 5:49 | 7:39 |  |
| 20 | Mon | 11:39 | 9.6 | 11:53 | 10.7 | 5:26 | -0.7 | 5:37 | 0.0 | 5:51 | 7:37 |  |
| 21 | Tue | | | 12:25 | 9.9 | 6:12 | -0.6 | 6:26 | -0.1 | 5:52 | 7:35 |  |
| 22 | Wed | 12:41 | 10.5 | 1:09 | 9.9 | 6:55 | -0.5 | 7:12 | -0.1 | 5:53 | 7:34 |  |
| 23 | Thu | 1:26 | 10.2 | 1:50 | 9.9 | 7:36 | -0.2 | 7:57 | 0.1 | 5:54 | 7:32 |  |
| 24 | Fri | 2:09 | 9.7 | 2:30 | 9.7 | 8:16 | 0.3 | 8:42 | 0.4 | 5:55 | 7:31 |  |
| 25 | Sat | 2:53 | 9.2 | 3:11 | 9.5 | 8:56 | 0.7 | 9:28 | 0.7 | 5:56 | 7:29 |  |
| 26 | Sun | 3:40 | 8.7 | 3:55 | 9.2 | 9:39 | 1.2 | 10:17 | 1.0 | 5:57 | 7:27 |  |
| 27 | Mon | 4:30 | 8.2 | 4:44 | 8.9 | 10:24 | 1.6 | 11:09 | 1.4 | 5:58 | 7:26 |  |
| 28 | Tue | 5:24 | 7.8 | 5:36 | 8.7 | 11:14 | 2.0 | | | 6:00 | 7:24 |  |
| 29 | Wed | 6:21 | 7.5 | 6:32 | 8.6 | 12:05 | 1.6 | 12:09 | 2.2 | 6:01 | 7:22 |  |
| 30 | Thu | 7:21 | 7.5 | 7:32 | 8.7 | 1:06 | 1.7 | 1:07 | 2.3 | 6:02 | 7:20 |  |
| 31 | Fri | 8:19 | 7.6 | 8:28 | 8.9 | 2:07 | 1.5 | 2:07 | 2.1 | 6:03 | 7:19 |  |