

































Portland, ME - Oct 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:14	8.7	9:27	9.6	2:59	0.8	3:12	1.0	6:38	6:22	
2	Tue	9:55	9.4	10:13	9.9	3:41	0.4	3:59	0.4	6:39	6:21	
3	Wed	10:35	10.0	10:57	10.2	4:22	0.0	4:44	-0.3	6:40	6:19	
4	Thu	11:16	10.6	11:43	10.4	5:03	-0.3	5:29	-0.8	6:41	6:17	
5	Fri	11:58	11.0			5:46	-0.5	6:15	-1.2	6:43	6:15	
6	Sat	12:29	10.4	12:43	11.3	6:30	-0.5	7:03	-1.4	6:44	6:13	
7	Sun	1:18	10.2	1:30	11.3	7:17	-0.4	7:54	-1.3	6:45	6:12	
8	Mon	2:08	9.9	2:20	11.1	8:06	-0.1	8:48	-0.9	6:46	6:10	
9	Tue	3:04	9.5	3:17	10.7	9:00	0.3	9:47	-0.5	6:47	6:08	
10	Wed	4:06	9.1	4:21	10.3	10:01	0.7	10:52	-0.1	6:49	6:06	
11	Thu	5:13	8.8	5:30	9.9	11:07	1.0			6:50	6:05	
12	Fri	6:22	8.7	6:40	9.7	12:00	0.2	12:18	1.2	6:51	6:03	
13	Sat	7:29	8.8	7:49	9.6	1:09	0.4	1:30	1.1	6:52	6:01	
14	Sun	8:30	9.1	8:51	9.6	2:13	0.3	2:36	0.8	6:53	6:00	
15	Mon	9:24	9.5	9:46	9.7	3:09	0.3	3:33	0.4	6:55	5:58	
16	Tue	10:11	9.8	10:35	9.6	3:58	0.2	4:23	0.1	6:56	5:56	
17	Wed	10:53	10.0	11:20	9.5	4:41	0.3	5:08	-0.1	6:57	5:55	
18	Thu	11:32	10.0			5:21	0.5	5:49	-0.1	6:58	5:53	
19	Fri	12:01	9.4	12:09	10.0	5:58	0.7	6:28	-0.1	7:00	5:51	
20	Sat	12:41	9.1	12:44	9.9	6:34	0.9	7:05	0.1	7:01	5:50	
21	Sun	1:19	8.9	1:20	9.7	7:09	1.2	7:42	0.3	7:02	5:48	
22	Mon	1:57	8.6	1:56	9.4	7:46	1.5	8:21	0.6	7:03	5:47	
23	Tue	2:37	8.3	2:36	9.2	8:25	1.7	9:03	0.9	7:05	5:45	
24	Wed	3:21	8.0	3:21	8.9	9:08	2.0	9:50	1.2	7:06	5:44	
25	Thu	4:10	7.8	4:11	8.7	9:57	2.1	10:40	1.3	7:07	5:42	
26	Fri	5:02	7.7	5:06	8.6	10:50	2.2	11:32	1.4	7:08	5:41	
27	Sat	5:55	7.8	6:02	8.6	11:46	2.1			7:10	5:39	
28	Sun	5:48	8.1	5:59	8.7	12:25	1.3	11:44 AM	1.8	6:11	4:38	
29	Mon	6:40	8.6	6:56	9.0	12:18	1.1	12:42	1.4	6:12	4:36	
30	Tue	7:28	9.2	7:49	9.3	1:09	0.7	1:37	0.7	6:14	4:35	
31	Wed	8:13	9.9	8:40	9.7	1:57	0.4	2:27	-0.1	6:15	4:33	