
































Portland, ME - Nov 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:58	10.6	9:29	10.0	2:43	0.0	3:16	-0.8	6:16	4:32	
2	Fri	9:43	11.1	10:18	10.2	3:29	-0.3	4:05	-1.3	6:18	4:31	
3	Sat	10:30	11.5	11:09	10.2	4:16	-0.5	4:54	-1.6	6:19	4:29	
4	Sun	11:19	11.7			5:05	-0.5	5:45	-1.7	6:20	4:28	
5	Mon	12:01	10.1	12:10	11.6	5:56	-0.4	6:38	-1.5	6:21	4:27	
6	Tue	12:54	9.9	1:04	11.3	6:49	-0.1	7:34	-1.2	6:23	4:26	
7	Wed	1:52	9.6	2:03	10.8	7:46	0.3	8:33	-0.7	6:24	4:24	
8	Thu	2:54	9.3	3:08	10.3	8:48	0.6	9:37	-0.3	6:25	4:23	
9	Fri	3:59	9.1	4:15	9.8	9:56	0.9	10:41	0.1	6:27	4:22	
10	Sat	5:04	9.0	5:23	9.4	11:05	1.0	11:45	0.4	6:28	4:21	
11	Sun	6:07	9.1	6:29	9.2			12:15	1.0	6:29	4:20	
12	Mon	7:05	9.3	7:31	9.1	12:46	0.6	1:19	0.7	6:31	4:19	
13	Tue	7:58	9.6	8:26	9.0	1:42	0.7	2:16	0.5	6:32	4:18	
14	Wed	8:44	9.8	9:15	9.0	2:31	0.8	3:05	0.2	6:33	4:17	
15	Thu	9:26	9.9	10:00	8.9	3:14	0.9	3:49	0.0	6:35	4:16	
16	Fri	10:05	9.9	10:42	8.8	3:54	1.0	4:30	0.0	6:36	4:15	
17	Sat	10:43	9.8	11:21	8.7	4:32	1.1	5:08	0.0	6:37	4:14	
18	Sun	11:19	9.8	11:59	8.6	5:08	1.3	5:44	0.1	6:38	4:13	
19	Mon	11:55	9.6			5:44	1.4	6:21	0.3	6:40	4:12	
20	Tue	12:36	8.4	12:32	9.5	6:20	1.5	6:57	0.5	6:41	4:11	
21	Wed	1:14	8.2	1:10	9.3	6:58	1.6	7:36	0.6	6:42	4:11	
22	Thu	1:54	8.1	1:51	9.1	7:40	1.8	8:18	0.8	6:43	4:10	
23	Fri	2:37	8.0	2:36	9.0	8:25	1.9	9:03	0.9	6:45	4:09	
24	Sat	3:24	8.1	3:26	8.8	9:15	1.8	9:50	0.9	6:46	4:09	
25	Sun	4:12	8.3	4:20	8.7	10:09	1.7	10:38	0.9	6:47	4:08	
26	Mon	5:01	8.6	5:16	8.7	11:05	1.4	11:29	0.8	6:48	4:07	
27	Tue	5:51	9.0	6:14	8.8			12:03	1.0	6:49	4:07	
28	Wed	6:43	9.6	7:13	9.0	12:22	0.7	1:02	0.4	6:51	4:06	
29	Thu	7:34	10.2	8:10	9.3	1:16	0.4	1:58	-0.3	6:52	4:06	
30	Fri	8:25	10.8	9:05	9.6	2:09	0.1	2:52	-0.9	6:53	4:05	