






























Portland, ME - Aug 1991

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:05	9.2	3:31	9.5	9:15	0.4	9:44	0.7	5:29	8:04	
2	Fri	3:51	9.0	4:15	9.7	9:59	0.6	10:34	0.6	5:30	8:03	
3	Sat	4:42	8.7	5:05	9.8	10:47	0.7	11:30	0.6	5:31	8:02	
4	Sun	5:39	8.5	6:01	9.9	11:40	0.9			5:33	8:01	
5	Mon	6:41	8.4	7:02	10.1	12:30	0.5	12:40	0.9	5:34	7:59	
6	Tue	7:49	8.5	8:08	10.4	1:36	0.3	1:45	0.8	5:35	7:58	
7	Wed	8:56	8.8	9:12	10.8	2:42	-0.1	2:50	0.5	5:36	7:57	
8	Thu	9:57	9.2	10:12	11.1	3:44	-0.5	3:52	0.1	5:37	7:55	
9	Fri	10:54	9.7	11:09	11.4	4:40	-1.0	4:50	-0.3	5:38	7:54	
10	Sat	11:48	10.1			5:34	-1.3	5:46	-0.6	5:39	7:53	
11	Sun	12:04	11.4	12:39	10.5	6:24	-1.4	6:40	-0.8	5:40	7:51	
12	Mon	12:57	11.3	1:29	10.6	7:13	-1.3	7:33	-0.7	5:41	7:50	
13	Tue	1:48	10.9	2:17	10.6	8:01	-0.9	8:26	-0.5	5:42	7:48	
14	Wed	2:40	10.3	3:06	10.4	8:48	-0.4	9:19	-0.2	5:44	7:47	
15	Thu	3:33	9.7	3:56	10.0	9:37	0.2	10:15	0.2	5:45	7:45	
16	Fri	4:28	9.0	4:49	9.7	10:29	0.8	11:13	0.6	5:46	7:44	
17	Sat	5:26	8.5	5:44	9.3	11:23	1.3			5:47	7:42	
18	Sun	6:25	8.0	6:42	9.1	12:12	1.0	12:20	1.7	5:48	7:41	
19	Mon	7:27	7.8	7:41	9.0	1:15	1.2	1:20	1.9	5:49	7:39	
20	Tue	8:26	7.8	8:38	9.1	2:17	1.2	2:20	1.9	5:50	7:37	
21	Wed	9:19	8.0	9:28	9.2	3:11	1.1	3:13	1.7	5:51	7:36	
22	Thu	10:06	8.2	10:13	9.5	3:58	0.9	3:59	1.5	5:53	7:34	
23	Fri	10:48	8.5	10:54	9.6	4:39	0.6	4:41	1.2	5:54	7:33	
24	Sat	11:26	8.8	11:33	9.8	5:15	0.4	5:19	1.0	5:55	7:31	
25	Sun			12:01	9.1	5:49	0.3	5:56	0.7	5:56	7:29	
26	Mon	12:10	9.8	12:35	9.3	6:21	0.2	6:33	0.5	5:57	7:28	
27	Tue	12:45	9.8	1:07	9.6	6:54	0.1	7:10	0.3	5:58	7:26	
28	Wed	1:22	9.7	1:40	9.8	7:28	0.2	7:49	0.2	5:59	7:24	
29	Thu	2:00	9.5	2:17	9.9	8:04	0.3	8:31	0.1	6:00	7:23	
30	Fri	2:41	9.3	2:58	10.0	8:45	0.4	9:18	0.2	6:02	7:21	
31	Sat	3:28	9.0	3:46	10.0	9:31	0.6	10:11	0.3	6:03	7:19	