
































Portland, ME - Jan 1993

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:31	8.6	4:54	7.9	10:43	1.5	10:55	1.4	7:14	4:14	
2	Sat	5:20	8.6	5:51	7.7	11:39	1.4	11:46	1.6	7:14	4:15	
3	Sun	6:12	8.8	6:50	7.7			12:37	1.2	7:14	4:16	
4	Mon	7:05	9.1	7:46	7.9	12:41	1.5	1:33	0.8	7:14	4:17	
5	Tue	7:56	9.5	8:38	8.3	1:35	1.3	2:25	0.3	7:14	4:18	
6	Wed	8:45	10.0	9:26	8.7	2:27	0.9	3:13	-0.2	7:14	4:19	
7	Thu	9:33	10.5	10:14	9.2	3:16	0.4	4:00	-0.8	7:14	4:20	
8	Fri	10:21	10.9	11:01	9.6	4:04	0.0	4:46	-1.2	7:13	4:21	
9	Sat	11:10	11.2	11:48	10.0	4:54	-0.4	5:33	-1.6	7:13	4:22	
10	Sun	11:59	11.3			5:44	-0.7	6:20	-1.7	7:13	4:24	
11	Mon	12:35	10.3	12:49	11.2	6:35	-0.9	7:08	-1.6	7:12	4:25	
12	Tue	1:25	10.4	1:42	10.8	7:28	-0.8	7:58	-1.3	7:12	4:26	
13	Wed	2:16	10.4	2:38	10.3	8:24	-0.7	8:51	-0.9	7:12	4:27	
14	Thu	3:12	10.3	3:39	9.7	9:24	-0.4	9:47	-0.4	7:11	4:28	
15	Fri	4:10	10.2	4:43	9.1	10:28	-0.2	10:47	0.1	7:11	4:29	
16	Sat	5:11	10.0	5:51	8.7	11:35	0.0	11:50	0.6	7:10	4:31	
17	Sun	6:15	9.8	6:59	8.5			12:44	0.1	7:10	4:32	
18	Mon	7:19	9.8	8:03	8.5	12:56	0.8	1:50	0.0	7:09	4:33	
19	Tue	8:18	9.8	9:00	8.6	1:59	0.8	2:48	-0.1	7:08	4:34	
20	Wed	9:11	9.9	9:50	8.8	2:55	0.7	3:39	-0.3	7:08	4:36	
21	Thu	9:59	10.0	10:36	8.9	3:44	0.6	4:24	-0.4	7:07	4:37	
22	Fri	10:42	10.0	11:17	9.0	4:29	0.5	5:05	-0.4	7:06	4:38	
23	Sat	11:23	9.9	11:55	9.0	5:10	0.5	5:43	-0.3	7:05	4:40	
24	Sun			12:00	9.8	5:49	0.5	6:17	-0.2	7:05	4:41	
25	Mon	12:30	9.1	12:37	9.6	6:26	0.5	6:50	0.0	7:04	4:42	
26	Tue	1:04	9.0	1:13	9.3	7:03	0.6	7:23	0.2	7:03	4:44	
27	Wed	1:39	9.0	1:51	8.9	7:41	0.7	7:59	0.5	7:02	4:45	
28	Thu	2:15	8.9	2:31	8.5	8:22	0.9	8:37	0.8	7:01	4:46	
29	Fri	2:55	8.8	3:17	8.2	9:07	1.0	9:19	1.1	7:00	4:48	
30	Sat	3:38	8.7	4:06	7.8	9:56	1.2	10:06	1.3	6:59	4:49	
31	Sun	4:26	8.7	5:01	7.6	10:49	1.2	10:58	1.5	6:58	4:50	