

































Portland, ME - Jan 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:46	9.6	8:21	8.6	1:28	0.9	2:12	0.3	7:14	4:14	
2	Tue	8:36	9.6	9:11	8.6	2:20	0.9	3:02	0.1	7:14	4:15	
3	Wed	9:21	9.7	9:56	8.7	3:07	0.9	3:46	0.0	7:14	4:16	
4	Thu	10:02	9.8	10:37	8.7	3:49	0.9	4:27	-0.1	7:14	4:17	
5	Fri	10:42	9.8	11:16	8.8	4:29	0.8	5:04	-0.1	7:14	4:18	
6	Sat	11:19	9.8	11:52	8.8	5:05	0.8	5:39	-0.1	7:14	4:18	
7	Sun	11:54	9.8			5:41	0.8	6:12	-0.1	7:14	4:20	
8	Mon	12:27	8.8	12:29	9.7	6:16	0.8	6:46	0.0	7:14	4:21	
9	Tue	1:01	8.8	1:04	9.5	6:53	0.8	7:20	0.0	7:13	4:22	
10	Wed	1:36	8.8	1:41	9.3	7:32	0.9	7:57	0.2	7:13	4:23	
11	Thu	2:13	8.9	2:23	9.1	8:14	0.9	8:38	0.3	7:13	4:24	
12	Fri	2:54	8.9	3:09	8.8	9:01	0.9	9:23	0.4	7:12	4:25	
13	Sat	3:40	9.1	4:01	8.6	9:52	0.8	10:12	0.5	7:12	4:26	
14	Sun	4:30	9.2	4:58	8.5	10:48	0.7	11:05	0.6	7:12	4:27	
15	Mon	5:26	9.5	6:01	8.5	11:49	0.4			7:11	4:29	
16	Tue	6:25	9.8	7:06	8.7	12:04	0.5	12:53	0.0	7:11	4:30	
17	Wed	7:27	10.3	8:09	9.1	1:06	0.3	1:55	-0.5	7:10	4:31	
18	Thu	8:26	10.8	9:08	9.6	2:07	-0.1	2:53	-1.1	7:09	4:32	
19	Fri	9:23	11.3	10:04	10.0	3:05	-0.5	3:49	-1.6	7:09	4:33	
20	Sat	10:18	11.6	10:58	10.4	4:01	-0.9	4:42	-2.0	7:08	4:35	
21	Sun	11:13	11.8	11:50	10.6	4:56	-1.2	5:34	-2.1	7:07	4:36	
22	Mon			12:06	11.6	5:50	-1.3	6:25	-2.0	7:07	4:37	
23	Tue	12:41	10.7	12:58	11.3	6:43	-1.2	7:15	-1.7	7:06	4:39	
24	Wed	1:33	10.6	1:52	10.7	7:37	-0.9	8:06	-1.2	7:05	4:40	
25	Thu	2:26	10.3	2:48	10.0	8:34	-0.5	9:00	-0.6	7:04	4:41	
26	Fri	3:21	10.0	3:47	9.3	9:33	-0.1	9:55	0.1	7:03	4:43	
27	Sat	4:17	9.6	4:48	8.7	10:34	0.3	10:52	0.6	7:02	4:44	
28	Sun	5:15	9.3	5:50	8.3	11:38	0.6	11:52	1.1	7:02	4:45	
29	Mon	6:14	9.1	6:53	8.1			12:42	0.7	7:01	4:47	
30	Tue	7:13	9.1	7:52	8.1	12:53	1.3	1:43	0.7	7:00	4:48	
31	Wed	8:07	9.1	8:44	8.2	1:51	1.3	2:35	0.5	6:59	4:49	