US HARBORS www.USHarbors.com

Portland, ME - Dec 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:03	8.5	3:08	8.9	8:56	1.6	9:28	0.8	6:55	4:05	
2	Mon	3:51	8.4	4:00	8.6	9:48	1.7	10:16	1.1	6:56	4:05	
3	Tue	4:41	8.4	4:54	8.3	10:41	1.7	11:05	1.2	6:57	4:04	
4	Wed	5:30	8.5	5:49	8.2	11:36	1.6	11:55	1.2	6:58	4:04	
5	Thu	6:20	8.7	6:45	8.3			12:32	1.4	6:59	4:04	
6	Fri	7:09	9.1	7:38	8.5	12:46	1.2	1:26	1.0	7:00	4:04	
7	Sat	7:56	9.5	8:27	8.7	1:36	1.0	2:15	0.4	7:01	4:04	
8	Sun	8:40	10.0	9:13	9.1	2:22	0.7	3:00	-0.1	7:02	4:04	
9	Mon	9:23	10.5	9:59	9.4	3:07	0.4	3:45	-0.6	7:03	4:04	
10	Tue	10:08	10.9	10:46	9.7	3:53	0.0	4:31	-1.1	7:03	4:04	
11	Wed	10:54	11.2	11:33	9.9	4:39	-0.2	5:18	-1.4	7:04	4:04	
12	Thu	11:42	11.3			5:28	-0.4	6:06	-1.5	7:05	4:04	
13	Fri	12:22	10.0	12:32	11.3	6:18	-0.5	6:56	-1.5	7:06	4:04	
14	Sat	1:13	10.0	1:25	11.0	7:11	-0.4	7:48	-1.3	7:07	4:04	
15	Sun	2:07	10.0	2:22	10.6	8:07	-0.2	8:43	-1.0	7:07	4:04	
16	Mon	3:05	9.9	3:23	10.2	9:08	0.0	9:42	-0.6	7:08	4:05	
17	Tue	4:06	9.9	4:28	9.7	10:13	0.1	10:42	-0.3	7:09	4:05	
18	Wed	5:08	9.9	5:35	9.4	11:20	0.2	11:44	0.1	7:09	4:05	
19	Thu	6:10	9.9	6:42	9.2			12:28	0.1	7:10	4:06	
20	Fri	7:10	10.0	7:46	9.1	12:47	0.3	1:33	-0.1	7:10	4:06	
21	Sat	8:07	10.2	8:43	9.1	1:48	0.3	2:31	-0.3	7:11	4:07	
22	Sun	8:58	10.3	9:35	9.2	2:42	0.4	3:23	-0.5	7:11	4:07	
23	Mon	9:46	10.4	10:22	9.2	3:31	0.4	4:11	-0.6	7:12	4:08	
24	Tue	10:30	10.3	11:07	9.2	4:16	0.4	4:54	-0.6	7:12	4:08	
25	Wed	11:12	10.2	11:48	9.1	4:59	0.5	5:35	-0.5	7:13	4:09	
26	Thu	11:51	10.1			5:39	0.6	6:13	-0.4	7:13	4:10	
27	Fri	12:26	9.0	12:29	9.9	6:17	0.7	6:49	-0.2	7:13	4:10	
28	Sat	1:04	8.9	1:07	9.6	6:56	0.9	7:26	0.1	7:13	4:11	
29	Sun	1:42	8.8	1:47	9.3	7:36	1.0	8:04	0.3	7:14	4:12	
30	Mon	2:22	8.7	2:29	8.9	8:18	1.2	8:44	0.6	7:14	4:13	
31	Tue	3:05	8.6	3:15	8.6	9:04	1.3	9:29	0.8	7:14	4:14	