

































## Portland, ME - Mar 1999

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:22	10.4	10:54	9.7	4:07	-0.1	4:41	-0.8	6:17	5:29	
2	Tue	11:08	10.4	11:36	9.8	4:54	-0.3	5:24	-0.7	6:16	5:30	
3	Wed	11:51	10.2			5:38	-0.3	6:03	-0.5	6:14	5:31	
4	Thu	12:15	9.7	12:31	9.9	6:19	-0.2	6:40	-0.3	6:12	5:32	
5	Fri	12:52	9.6	1:11	9.5	6:58	0.0	7:16	0.1	6:10	5:34	
6	Sat	1:29	9.4	1:51	9.1	7:38	0.2	7:54	0.5	6:09	5:35	
7	Sun	2:07	9.2	2:34	8.7	8:20	0.5	8:34	0.9	6:07	5:36	
8	Mon	2:49	8.9	3:21	8.2	9:05	0.8	9:18	1.3	6:05	5:37	
9	Tue	3:34	8.7	4:12	7.9	9:54	1.1	10:06	1.7	6:04	5:39	
10	Wed	4:25	8.5	5:08	7.6	10:48	1.3	11:00	1.9	6:02	5:40	
11	Thu	5:20	8.4	6:07	7.6	11:46	1.4	11:58	1.9	6:00	5:41	
12	Fri	6:19	8.5	7:07	7.7			12:47	1.2	5:58	5:42	
13	Sat	7:18	8.8	8:01	8.1	12:58	1.7	1:43	0.9	5:56	5:44	
14	Sun	8:11	9.2	8:48	8.6	1:53	1.3	2:32	0.4	5:55	5:45	
15	Mon	8:59	9.7	9:32	9.2	2:43	0.7	3:17	-0.2	5:53	5:46	
16	Tue	9:45	10.2	10:15	9.8	3:30	0.1	4:00	-0.7	5:51	5:47	
17	Wed	10:31	10.6	10:57	10.4	4:16	-0.5	4:43	-1.1	5:49	5:49	
18	Thu	11:17	10.9	11:40	10.8	5:02	-1.0	5:27	-1.3	5:47	5:50	
19	Fri			12:03	10.9	5:49	-1.4	6:11	-1.3	5:46	5:51	
20	Sat	12:25	11.0	12:52	10.8	6:37	-1.6	6:58	-1.2	5:44	5:52	
21	Sun	1:11	11.1	1:43	10.4	7:28	-1.5	7:47	-0.8	5:42	5:53	
22	Mon	2:02	10.9	2:39	9.9	8:22	-1.2	8:41	-0.3	5:40	5:55	
23	Tue	2:58	10.5	3:41	9.4	9:22	-0.8	9:41	0.2	5:38	5:56	
24	Wed	4:00	10.1	4:47	9.0	10:26	-0.4	10:45	0.6	5:37	5:57	
25	Thu	5:07	9.8	5:57	8.8	11:35	0.0	11:55	0.9	5:35	5:58	
26	Fri	6:17	9.6	7:06	8.8			12:46	0.1	5:33	5:59	
27	Sat	7:25	9.6	8:08	9.0	1:07	0.9	1:51	0.0	5:31	6:01	
28	Sun	8:26	9.7	9:02	9.3	2:11	0.6	2:47	-0.1	5:29	6:02	
29	Mon	9:20	9.9	9:49	9.6	3:06	0.3	3:36	-0.2	5:28	6:03	
30	Tue	10:07	9.9	10:32	9.8	3:55	0.0	4:20	-0.2	5:26	6:04	
31	Wed	10:51	9.9	11:11	9.8	4:39	-0.1	4:59	-0.1	5:24	6:05	