US HARBORS www.USHarbors.com

Portland, ME - Jul 1999

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:11	9.9	1:51	8.8	7:34	0.0	7:37	1.2	5:03	8:26	
2	Fri	1:49	9.9	2:29	8.9	8:11	0.0	8:19	1.1	5:03	8:26	
3	Sat	2:29	9.9	3:09	9.0	8:51	0.0	9:04	1.0	5:04	8:26	
4	Sun	3:13	9.8	3:53	9.2	9:34	0.0	9:53	0.9	5:04	8:25	
5	Mon	4:01	9.7	4:41	9.4	10:21	0.0	10:46	0.8	5:05	8:25	
6	Tue	4:55	9.5	5:31	9.7	11:11	0.1	11:43	0.6	5:06	8:25	
7	Wed	5:52	9.4	6:26	10.0			12:04	0.1	5:06	8:24	
8	Thu	6:54	9.3	7:23	10.4	12:43	0.3	1:01	0.1	5:07	8:24	
9	Fri	7:58	9.3	8:23	10.8	1:46	-0.1	2:01	0.1	5:08	8:24	
10	Sat	9:02	9.5	9:21	11.1	2:49	-0.5	3:01	0.0	5:09	8:23	
11	Sun	10:02	9.7	10:18	11.4	3:49	-0.9	3:59	-0.2	5:09	8:23	
12	Mon	11:00	9.9	11:13	11.6	4:46	-1.3	4:55	-0.3	5:10	8:22	
13	Tue	11:56	10.1			5:41	-1.5	5:50	-0.4	5:11	8:22	
14	Wed	12:08	11.6	12:50	10.1	6:34	-1.5	6:44	-0.3	5:12	8:21	
15	Thu	1:01	11.4	1:42	10.1	7:25	-1.4	7:38	-0.2	5:13	8:20	
16	Fri	1:53	11.1	2:33	10.0	8:16	-1.1	8:31	0.1	5:13	8:20	
17	Sat	2:45	10.6	3:25	9.8	9:06	-0.7	9:25	0.4	5:14	8:19	
18	Sun	3:38	10.0	4:17	9.6	9:56	-0.2	10:21	0.7	5:15	8:18	
19	Mon	4:33	9.4	5:08	9.4	10:47	0.3	11:18	1.0	5:16	8:17	
20	Tue	5:28	8.9	6:00	9.2	11:38	0.8			5:17	8:17	
21	Wed	6:25	8.5	6:52	9.1	12:15	1.2	12:29	1.2	5:18	8:16	
22	Thu	7:22	8.2	7:45	9.1	1:14	1.3	1:23	1.5	5:19	8:15	
23	Fri	8:20	8.1	8:36	9.2	2:12	1.2	2:17	1.6	5:20	8:14	
24	Sat	9:13	8.1	9:24	9.4	3:06	1.0	3:07	1.6	5:21	8:13	
25	Sun	10:02	8.3	10:08	9.5	3:53	0.8	3:52	1.5	5:22	8:12	
26	Mon	10:46	8.4	10:50	9.7	4:36	0.6	4:34	1.3	5:23	8:11	
27	Tue	11:28	8.6	11:30	9.9	5:16	0.3	5:14	1.2	5:24	8:10	
28	Wed			12:08	8.8	5:53	0.1	5:54	1.0	5:25	8:09	
29	Thu	12:09	10.1	12:46	9.0	6:30	-0.1	6:33	0.8	5:26	8:08	
30	Fri	12:48	10.2	1:23	9.2	7:07	-0.2	7:14	0.6	5:27	8:07	
31	Sat	1:26	10.2	2:00	9.4	7:44	-0.3	7:56	0.5	5:28	8:05	