

































## Portland, ME - Jan 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:11	9.2	7:43	8.4	12:51	0.9	1:35	0.7	7:14	4:14	
2	Sun	8:02	9.4	8:36	8.4	1:45	1.1	2:28	0.5	7:14	4:15	
3	Mon	8:47	9.5	9:23	8.5	2:34	1.1	3:14	0.3	7:14	4:16	
4	Tue	9:30	9.6	10:06	8.5	3:17	1.1	3:56	0.1	7:14	4:17	
5	Wed	10:09	9.7	10:46	8.6	3:57	1.0	4:35	0.0	7:14	4:18	
6	Thu	10:47	9.8	11:24	8.6	4:34	1.0	5:11	-0.1	7:14	4:19	
7	Fri	11:24	9.8			5:10	0.9	5:46	-0.1	7:14	4:20	
8	Sat	12:00	8.7	11:59 AM	9.8	5:46	0.9	6:20	-0.1	7:14	4:21	
9	Sun	12:35	8.7	12:34	9.7	6:22	0.9	6:54	-0.1	7:13	4:22	
10	Mon	1:10	8.7	1:11	9.6	7:00	0.9	7:31	0.0	7:13	4:23	
11	Tue	1:47	8.7	1:51	9.5	7:41	0.9	8:11	0.0	7:13	4:24	
12	Wed	2:27	8.8	2:35	9.3	8:27	0.9	8:54	0.1	7:12	4:25	
13	Thu	3:11	8.9	3:26	9.1	9:17	0.8	9:42	0.2	7:12	4:26	
14	Fri	4:00	9.1	4:21	8.9	10:11	0.7	10:33	0.3	7:12	4:27	
15	Sat	4:53	9.4	5:21	8.8	11:10	0.5	11:29	0.4	7:11	4:29	
16	Sun	5:50	9.7	6:27	8.8			12:14	0.2	7:11	4:30	
17	Mon	6:51	10.1	7:33	9.0	12:30	0.3	1:19	-0.3	7:10	4:31	
18	Tue	7:52	10.5	8:35	9.3	1:32	0.1	2:21	-0.8	7:09	4:32	
19	Wed	8:50	11.0	9:33	9.6	2:32	-0.2	3:18	-1.3	7:09	4:33	
20	Thu	9:47	11.4	10:29	9.9	3:29	-0.5	4:14	-1.7	7:08	4:35	
21	Fri	10:42	11.6	11:23	10.1	4:24	-0.7	5:07	-1.9	7:07	4:36	
22	Sat	11:35	11.5			5:18	-0.9	5:59	-1.9	7:07	4:37	
23	Sun	12:15	10.2	12:28	11.3	6:11	-0.8	6:49	-1.6	7:06	4:39	
24	Mon	1:05	10.1	1:20	10.9	7:04	-0.6	7:39	-1.2	7:05	4:40	
25	Tue	1:56	9.9	2:13	10.2	7:58	-0.3	8:30	-0.7	7:04	4:41	
26	Wed	2:48	9.7	3:08	9.6	8:54	0.1	9:22	-0.1	7:03	4:43	
27	Thu	3:42	9.4	4:06	8.9	9:52	0.5	10:15	0.5	7:02	4:44	
28	Fri	4:36	9.1	5:05	8.4	10:52	0.8	11:10	1.0	7:02	4:45	
29	Sat	5:31	8.9	6:06	8.0	11:54	1.0			7:01	4:47	
30	Sun	6:28	8.8	7:07	7.9	12:07	1.4	12:57	1.0	7:00	4:48	
31	Mon	7:23	8.9	8:04	7.9	1:06	1.5	1:54	0.8	6:58	4:49	