US HARBORS www.USHarbors.com

Portland, ME - Mar 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:36	8.6	8:18	7.9	1:20	1.8	2:07	1.0	6:16	5:30	
2	Thu	8:27	8.9	9:05	8.2	2:13	1.6	2:54	0.7	6:14	5:31	
3	Fri	9:13	9.3	9:46	8.6	2:59	1.2	3:35	0.3	6:13	5:32	
4	Sat	9:54	9.6	10:25	8.9	3:40	0.8	4:12	0.0	6:11	5:33	
5	Sun	10:33	9.8	11:01	9.3	4:18	0.5	4:47	-0.2	6:09	5:35	
6	Mon	11:11	10.0	11:36	9.6	4:56	0.1	5:22	-0.4	6:07	5:36	
7	Tue	11:48	10.1			5:35	-0.2	5:58	-0.6	6:06	5:37	
8	Wed	12:10	9.9	12:27	10.1	6:15	-0.4	6:35	-0.6	6:04	5:38	
9	Thu	12:47	10.1	1:08	10.0	6:57	-0.6	7:16	-0.5	6:02	5:40	
10	Fri	1:27	10.2	1:54	9.7	7:42	-0.6	8:00	-0.2	6:00	5:41	
11	Sat	2:12	10.2	2:45	9.4	8:32	-0.5	8:50	0.1	5:59	5:42	
12	Sun	3:04	10.0	3:43	9.0	9:28	-0.3	9:45	0.4	5:57	5:43	
13	Mon	4:02	9.9	4:48	8.7	10:30	-0.1	10:47	0.7	5:55	5:45	
14	Tue	5:07	9.7	5:58	8.6	11:37	0.0	11:55	0.8	5:53	5:46	
15	Wed	6:17	9.7	7:09	8.7			12:48	0.0	5:52	5:47	
16	Thu	7:28	9.9	8:13	9.1	1:06	0.7	1:56	-0.3	5:50	5:48	
17	Fri	8:31	10.2	9:10	9.6	2:13	0.3	2:54	-0.6	5:48	5:49	
18	Sat	9:28	10.5	10:02	10.0	3:11	-0.2	3:47	-0.9	5:46	5:51	
19	Sun	10:20	10.7	10:49	10.2	4:04	-0.5	4:35	-1.0	5:44	5:52	
20	Mon	11:09	10.7	11:33	10.4	4:54	-0.8	5:20	-0.9	5:43	5:53	
21	Tue	11:55	10.4			5:41	-0.8	6:02	-0.7	5:41	5:54	
22	Wed	12:15	10.3	12:39	10.1	6:25	-0.7	6:43	-0.3	5:39	5:56	
23	Thu	12:55	10.2	1:22	9.6	7:08	-0.5	7:24	0.2	5:37	5:57	
24	Fri	1:36	9.8	2:07	9.1	7:52	-0.1	8:05	0.7	5:35	5:58	
25	Sat	2:18	9.5	2:55	8.6	8:38	0.3	8:50	1.2	5:33	5:59	
26	Sun	3:04	9.1	3:46	8.1	9:27	0.7	9:39	1.6	5:32	6:00	
27	Mon	3:55	8.7	4:41	7.8	10:20	1.1	10:32	2.0	5:30	6:02	
28	Tue	4:50	8.5	5:40	7.7	11:18	1.3	11:31	2.1	5:28	6:03	
29	Wed	5:49	8.4	6:40	7.7			12:19	1.4	5:26	6:04	
30	Thu	6:50	8.5	7:35	8.0	12:32	2.0	1:17	1.2	5:24	6:05	
31	Fri	7:45	8.7	8:24	8.4	1:31	1.7	2:08	0.9	5:23	6:06	