US HARBORS www.USHarbors.com

Portland, ME - Jul 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**11:13**	9.9	**11:25**	11.8	**4:59**	-1.3	**5:08**	-0.4	5:03	8:26	
2	Sun			**12:09**	10.1	**5:53**	-1.7	**6:03**	-0.5	5:04	8:26	
3	Mon	**12:20**	11.9	**1:05**	10.3	**6:48**	-1.8	**6:59**	-0.5	5:04	8:25	
4	Tue	**1:15**	11.8	**1:59**	10.3	**7:41**	-1.7	**7:55**	-0.4	5:05	8:25	
5	Wed	**2:11**	11.5	**2:55**	10.2	**8:36**	-1.5	**8:53**	-0.2	5:05	8:25	
6	Thu	**3:09**	11.0	**3:53**	10.1	**9:31**	-1.1	**9:53**	0.1	5:06	8:24	
7	Fri	**4:08**	10.4	**4:51**	10.0	**10:28**	-0.6	**10:56**	0.4	5:07	8:24	
8	Sat	**5:10**	9.8	**5:48**	9.9	**11:25**	-0.1	**11:59**	0.6	5:08	8:24	
9	Sun	**6:11**	9.3	**6:45**	9.7			**12:21**	0.4	5:08	8:23	
10	Mon	**7:13**	8.9	**7:41**	9.7	**1:03**	0.7	**1:19**	0.8	5:09	8:23	
11	Tue	**8:15**	8.6	**8:35**	9.7	**2:05**	0.7	**2:16**	1.1	5:10	8:22	
12	Wed	**9:11**	8.5	**9:25**	9.7	**3:03**	0.6	**3:09**	1.2	5:11	8:22	
13	Thu	**10:03**	8.5	**10:11**	9.7	**3:54**	0.5	**3:57**	1.3	5:12	8:21	
14	Fri	**10:49**	8.5	**10:54**	9.8	**4:40**	0.4	**4:40**	1.3	5:12	8:20	
15	Sat	**11:33**	8.6	**11:35**	9.8	**5:22**	0.3	**5:21**	1.3	5:13	8:20	
16	Sun			**12:13**	8.6	**6:01**	0.2	**6:00**	1.3	5:14	8:19	
17	Mon	**12:13**	9.9	**12:52**	8.7	**6:38**	0.2	**6:37**	1.3	5:15	8:18	
18	Tue	**12:50**	9.8	**1:28**	8.7	**7:12**	0.2	**7:14**	1.2	5:16	8:18	
19	Wed	**1:26**	9.8	**2:03**	8.8	**7:46**	0.2	**7:51**	1.2	5:17	8:17	
20	Thu	**2:02**	9.7	**2:39**	8.8	**8:21**	0.2	**8:30**	1.2	5:18	8:16	
21	Fri	**2:40**	9.5	**3:16**	8.9	**8:58**	0.3	**9:13**	1.1	5:19	8:15	
22	Sat	**3:21**	9.4	**3:56**	9.1	**9:38**	0.3	**9:59**	1.1	5:20	8:14	
23	Sun	**4:07**	9.2	**4:40**	9.3	**10:21**	0.4	**10:49**	0.9	5:21	8:13	
24	Mon	**4:57**	9.0	**5:27**	9.5	**11:08**	0.5	**11:43**	0.7	5:22	8:12	
25	Tue	**5:52**	8.9	**6:19**	9.8	**11:59**	0.6			5:23	8:11	
26	Wed	**6:51**	8.8	**7:16**	10.1	**12:41**	0.5	**12:55**	0.6	5:24	8:10	
27	Thu	**7:55**	8.9	**8:16**	10.5	**1:43**	0.2	**1:55**	0.5	5:25	8:09	
28	Fri	**8:59**	9.2	**9:16**	11.0	**2:46**	-0.3	**2:56**	0.2	5:26	8:08	
29	Sat	**9:59**	9.5	**10:13**	11.4	**3:45**	-0.8	**3:55**	-0.1	5:27	8:07	
30	Sun	**10:56**	9.8	**11:10**	11.6	**4:42**	-1.2	**4:52**	-0.4	5:28	8:06	
31	Mon	**11:53**	10.1			**5:37**	-1.5	**5:48**	-0.6	5:29	8:05	