

































Portland, ME - Jul 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:13	9.9	11:25	11.8	4:59	-1.3	5:08	-0.4	5:03	8:26	
2	Sun			12:09	10.1	5:53	-1.7	6:03	-0.5	5:04	8:26	
3	Mon	12:20	11.9	1:05	10.3	6:48	-1.8	6:59	-0.5	5:04	8:25	
4	Tue	1:15	11.8	1:59	10.3	7:41	-1.7	7:55	-0.4	5:05	8:25	
5	Wed	2:11	11.5	2:55	10.2	8:36	-1.5	8:53	-0.2	5:05	8:25	
6	Thu	3:09	11.0	3:53	10.1	9:31	-1.1	9:53	0.1	5:06	8:24	
7	Fri	4:08	10.4	4:51	10.0	10:28	-0.6	10:56	0.4	5:07	8:24	
8	Sat	5:10	9.8	5:48	9.9	11:25	-0.1	11:59	0.6	5:08	8:24	
9	Sun	6:11	9.3	6:45	9.7			12:21	0.4	5:08	8:23	
10	Mon	7:13	8.9	7:41	9.7	1:03	0.7	1:19	0.8	5:09	8:23	
11	Tue	8:15	8.6	8:35	9.7	2:05	0.7	2:16	1.1	5:10	8:22	
12	Wed	9:11	8.5	9:25	9.7	3:03	0.6	3:09	1.2	5:11	8:22	
13	Thu	10:03	8.5	10:11	9.7	3:54	0.5	3:57	1.3	5:12	8:21	
14	Fri	10:49	8.5	10:54	9.8	4:40	0.4	4:40	1.3	5:12	8:20	
15	Sat	11:33	8.6	11:35	9.8	5:22	0.3	5:21	1.3	5:13	8:20	
16	Sun			12:13	8.6	6:01	0.2	6:00	1.3	5:14	8:19	
17	Mon	12:13	9.9	12:52	8.7	6:38	0.2	6:37	1.3	5:15	8:18	
18	Tue	12:50	9.8	1:28	8.7	7:12	0.2	7:14	1.2	5:16	8:18	
19	Wed	1:26	9.8	2:03	8.8	7:46	0.2	7:51	1.2	5:17	8:17	
20	Thu	2:02	9.7	2:39	8.8	8:21	0.2	8:30	1.2	5:18	8:16	
21	Fri	2:40	9.5	3:16	8.9	8:58	0.3	9:13	1.1	5:19	8:15	
22	Sat	3:21	9.4	3:56	9.1	9:38	0.3	9:59	1.1	5:20	8:14	
23	Sun	4:07	9.2	4:40	9.3	10:21	0.4	10:49	0.9	5:21	8:13	
24	Mon	4:57	9.0	5:27	9.5	11:08	0.5	11:43	0.7	5:22	8:12	
25	Tue	5:52	8.9	6:19	9.8	11:59	0.6			5:23	8:11	
26	Wed	6:51	8.8	7:16	10.1	12:41	0.5	12:55	0.6	5:24	8:10	
27	Thu	7:55	8.9	8:16	10.5	1:43	0.2	1:55	0.5	5:25	8:09	
28	Fri	8:59	9.2	9:16	11.0	2:46	-0.3	2:56	0.2	5:26	8:08	
29	Sat	9:59	9.5	10:13	11.4	3:45	-0.8	3:55	-0.1	5:27	8:07	
30	Sun	10:56	9.8	11:10	11.6	4:42	-1.2	4:52	-0.4	5:28	8:06	
31	Mon	11:53	10.1			5:37	-1.5	5:48	-0.6	5:29	8:05	