
































## Portland, ME - Nov 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:10	8.7	2:12	9.3	8:00	1.5	8:39	0.7	6:17	4:31	
2	Thu	2:59	8.3	3:02	9.0	8:49	1.8	9:29	1.0	6:18	4:30	
3	Fri	3:52	8.1	3:56	8.7	9:41	2.0	10:22	1.2	6:20	4:29	
4	Sat	4:46	8.0	4:52	8.5	10:37	2.1	11:16	1.3	6:21	4:27	
5	Sun	5:41	8.0	5:50	8.5	11:35	2.1			6:22	4:26	
6	Mon	6:34	8.3	6:46	8.6	12:11	1.3	12:33	1.8	6:24	4:25	
7	Tue	7:23	8.6	7:38	8.9	1:02	1.1	1:26	1.4	6:25	4:24	
8	Wed	8:07	9.1	8:25	9.1	1:49	0.9	2:14	0.9	6:26	4:22	
9	Thu	8:47	9.6	9:09	9.4	2:31	0.6	2:57	0.3	6:27	4:21	
10	Fri	9:26	10.1	9:52	9.7	3:11	0.3	3:40	-0.3	6:29	4:20	
11	Sat	10:05	10.6	10:36	9.9	3:51	0.0	4:23	-0.7	6:30	4:19	
12	Sun	10:47	10.9	11:21	10.0	4:34	-0.2	5:07	-1.1	6:31	4:18	
13	Mon	11:30	11.1			5:18	-0.3	5:53	-1.3	6:33	4:17	
14	Tue	12:08	10.0	12:17	11.2	6:04	-0.2	6:42	-1.3	6:34	4:16	
15	Wed	12:57	9.8	1:07	11.0	6:54	-0.1	7:34	-1.1	6:35	4:15	
16	Thu	1:51	9.6	2:02	10.7	7:47	0.2	8:30	-0.8	6:37	4:14	
17	Fri	2:51	9.4	3:03	10.4	8:47	0.5	9:31	-0.5	6:38	4:13	
18	Sat	3:55	9.3	4:10	10.0	9:52	0.7	10:35	-0.2	6:39	4:13	
19	Sun	5:00	9.3	5:18	9.7	11:00	0.8	11:40	0.0	6:40	4:12	
20	Mon	6:05	9.4	6:27	9.6			12:10	0.7	6:42	4:11	
21	Tue	7:06	9.7	7:31	9.6	12:44	0.0	1:18	0.4	6:43	4:10	
22	Wed	8:02	10.0	8:30	9.6	1:44	0.0	2:17	0.0	6:44	4:09	
23	Thu	8:52	10.3	9:22	9.6	2:36	0.0	3:10	-0.3	6:45	4:09	
24	Fri	9:38	10.4	10:10	9.6	3:24	0.1	3:58	-0.5	6:47	4:08	
25	Sat	10:21	10.4	10:56	9.4	4:08	0.2	4:43	-0.6	6:48	4:08	
26	Sun	11:02	10.4	11:39	9.3	4:50	0.4	5:25	-0.5	6:49	4:07	
27	Mon	11:41	10.2			5:30	0.7	6:05	-0.3	6:50	4:07	
28	Tue	12:20	9.0	12:20	9.9	6:09	0.9	6:44	-0.1	6:51	4:06	
29	Wed	1:00	8.8	12:59	9.7	6:48	1.2	7:24	0.2	6:52	4:06	
30	Thu	1:41	8.5	1:40	9.3	7:29	1.4	8:05	0.5	6:53	4:05	