

































## Portland, ME - Jul 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:38	9.1	8:59	10.2	2:26	0.2	2:38	0.6	5:03	8:26	
2	Mon	9:36	9.0	9:50	10.3	3:25	0.0	3:33	0.8	5:03	8:26	
3	Tue	10:29	8.9	10:37	10.3	4:18	-0.1	4:22	0.9	5:04	8:25	
4	Wed	11:18	8.9	11:23	10.2	5:06	-0.2	5:08	1.0	5:05	8:25	
5	Thu			12:04	8.9	5:51	-0.2	5:52	1.1	5:05	8:25	
6	Fri	12:05	10.2	12:47	8.8	6:33	-0.1	6:33	1.2	5:06	8:25	
7	Sat	12:46	10.0	1:27	8.8	7:13	0.0	7:13	1.3	5:07	8:24	
8	Sun	1:25	9.9	2:05	8.7	7:50	0.1	7:52	1.3	5:07	8:24	
9	Mon	2:04	9.7	2:44	8.7	8:27	0.3	8:33	1.5	5:08	8:23	
10	Tue	2:43	9.4	3:24	8.6	9:05	0.5	9:15	1.5	5:09	8:23	
11	Wed	3:25	9.2	4:05	8.7	9:44	0.7	10:00	1.6	5:10	8:22	
12	Thu	4:09	8.9	4:47	8.7	10:25	0.8	10:48	1.6	5:11	8:22	
13	Fri	4:56	8.6	5:30	8.9	11:07	1.0	11:38	1.5	5:11	8:21	
14	Sat	5:46	8.4	6:16	9.0	11:53	1.1			5:12	8:21	
15	Sun	6:39	8.3	7:04	9.3	12:30	1.4	12:42	1.2	5:13	8:20	
16	Mon	7:37	8.3	7:56	9.6	1:26	1.1	1:34	1.2	5:14	8:19	
17	Tue	8:35	8.4	8:49	10.1	2:23	0.6	2:29	1.0	5:15	8:18	
18	Wed	9:30	8.7	9:42	10.6	3:19	0.1	3:23	0.7	5:16	8:18	
19	Thu	10:24	9.1	10:34	11.0	4:12	-0.4	4:17	0.4	5:17	8:17	
20	Fri	11:18	9.5	11:28	11.4	5:04	-0.9	5:10	0.0	5:18	8:16	
21	Sat			12:11	9.8	5:56	-1.3	6:04	-0.3	5:19	8:15	
22	Sun	12:21	11.6	1:04	10.1	6:48	-1.5	6:58	-0.4	5:20	8:14	
23	Mon	1:15	11.6	1:56	10.3	7:39	-1.6	7:53	-0.5	5:21	8:13	
24	Tue	2:10	11.4	2:50	10.4	8:31	-1.4	8:50	-0.4	5:22	8:12	
25	Wed	3:06	11.0	3:46	10.4	9:25	-1.1	9:50	-0.2	5:23	8:11	
26	Thu	4:06	10.4	4:43	10.3	10:20	-0.7	10:53	0.0	5:24	8:10	
27	Fri	5:07	9.9	5:40	10.2	11:17	-0.1	11:56	0.2	5:25	8:09	
28	Sat	6:10	9.3	6:39	10.0			12:15	0.4	5:26	8:08	
29	Sun	7:15	8.9	7:38	9.9	1:02	0.3	1:16	0.8	5:27	8:07	
30	Mon	8:19	8.7	8:36	9.9	2:07	0.4	2:17	1.1	5:28	8:06	
31	Tue	9:18	8.6	9:30	9.9	3:07	0.3	3:14	1.2	5:29	8:05	