

































Portland, ME - Jan 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:17	10.9	10:02	9.3	3:00	0.1	3:47	-1.1	7:14	4:14	
2	Thu	10:10	11.0	10:55	9.4	3:53	0.1	4:39	-1.2	7:14	4:15	
3	Fri	11:01	10.9	11:45	9.3	4:45	0.1	5:29	-1.2	7:14	4:16	
4	Sat	11:50	10.7			5:35	0.2	6:17	-1.0	7:14	4:17	
5	Sun	12:32	9.2	12:38	10.4	6:23	0.4	7:03	-0.6	7:14	4:18	
6	Mon	1:19	9.0	1:25	10.0	7:11	0.6	7:49	-0.2	7:14	4:19	
7	Tue	2:06	8.8	2:12	9.4	8:00	0.9	8:35	0.2	7:14	4:20	
8	Wed	2:53	8.6	3:03	8.9	8:51	1.2	9:21	0.6	7:13	4:21	
9	Thu	3:42	8.5	3:55	8.4	9:45	1.4	10:08	1.0	7:13	4:22	
10	Fri	4:30	8.5	4:50	8.0	10:40	1.5	10:56	1.4	7:13	4:23	
11	Sat	5:20	8.4	5:47	7.7	11:37	1.6	11:47	1.6	7:13	4:24	
12	Sun	6:11	8.5	6:46	7.6			12:36	1.4	7:12	4:25	
13	Mon	7:03	8.6	7:43	7.6	12:40	1.8	1:32	1.2	7:12	4:26	
14	Tue	7:52	8.9	8:34	7.8	1:33	1.8	2:23	0.9	7:11	4:28	
15	Wed	8:38	9.2	9:20	8.0	2:21	1.6	3:08	0.5	7:11	4:29	
16	Thu	9:22	9.5	10:03	8.3	3:05	1.4	3:50	0.1	7:10	4:30	
17	Fri	10:04	9.9	10:45	8.5	3:47	1.1	4:31	-0.2	7:10	4:31	
18	Sat	10:45	10.2	11:25	8.8	4:29	0.7	5:11	-0.5	7:09	4:33	
19	Sun	11:28	10.5			5:12	0.4	5:52	-0.8	7:09	4:34	
20	Mon	12:06	9.1	12:10	10.6	5:56	0.2	6:33	-1.0	7:08	4:35	
21	Tue	12:47	9.3	12:55	10.6	6:42	0.0	7:16	-1.0	7:07	4:36	
22	Wed	1:31	9.6	1:43	10.4	7:30	-0.1	8:02	-0.9	7:06	4:38	
23	Thu	2:18	9.7	2:35	10.0	8:23	-0.1	8:51	-0.6	7:06	4:39	
24	Fri	3:10	9.8	3:33	9.5	9:20	-0.1	9:44	-0.2	7:05	4:40	
25	Sat	4:04	9.8	4:35	9.1	10:21	0.0	10:40	0.2	7:04	4:42	
26	Sun	5:03	9.8	5:41	8.7	11:26	0.0	11:41	0.5	7:03	4:43	
27	Mon	6:05	9.8	6:51	8.5			12:34	0.0	7:02	4:44	
28	Tue	7:10	9.9	7:58	8.6	12:47	0.7	1:43	-0.2	7:01	4:46	
29	Wed	8:12	10.1	8:59	8.7	1:52	0.7	2:44	-0.4	7:00	4:47	
30	Thu	9:09	10.3	9:54	8.9	2:51	0.6	3:39	-0.7	6:59	4:48	
31	Fri	10:02	10.4	10:44	9.1	3:45	0.4	4:30	-0.8	6:58	4:50	