US HARBORS www.USHarbors.com

Portland, ME - Jul 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:37	9.9	1:21	8.5	7:04	0.1	7:02	1.3	5:03	8:26	
2	Wed	1:16	10.0	1:59	8.7	7:43	0.0	7:44	1.2	5:03	8:26	
3	Thu	1:57	10.0	2:40	8.8	8:23	-0.1	8:29	1.1	5:04	8:26	
4	Fri	2:40	10.0	3:23	9.0	9:06	-0.1	9:18	1.0	5:04	8:25	
5	Sat	3:28	9.9	4:10	9.3	9:51	-0.1	10:11	0.8	5:05	8:25	
6	Sun	4:21	9.7	5:00	9.6	10:40	-0.1	11:07	0.7	5:06	8:25	
7	Mon	5:17	9.5	5:52	9.9	11:31	0.1			5:06	8:24	
8	Tue	6:17	9.3	6:48	10.2	12:07	0.4	12:25	0.2	5:07	8:24	
9	Wed	7:21	9.1	7:46	10.5	1:10	0.2	1:24	0.3	5:08	8:24	
10	Thu	8:27	9.1	8:45	10.8	2:14	-0.2	2:24	0.4	5:09	8:23	
11	Fri	9:29	9.2	9:43	11.0	3:16	-0.5	3:23	0.3	5:09	8:23	
12	Sat	10:29	9.3	10:39	11.2	4:14	-0.8	4:20	0.3	5:10	8:22	
13	Sun	11:25	9.4	11:33	11.2	5:10	-1.0	5:16	0.2	5:11	8:22	
14	Mon			12:20	9.5	6:04	-1.1	6:10	0.2	5:12	8:21	
15	Tue	12:27	11.1	1:11	9.5	6:55	-1.0	7:02	0.3	5:13	8:20	
16	Wed	1:18	10.9	2:00	9.5	7:44	-0.8	7:53	0.5	5:14	8:20	
17	Thu	2:07	10.5	2:49	9.4	8:32	-0.5	8:44	0.7	5:14	8:19	
18	Fri	2:57	10.0	3:37	9.2	9:19	-0.1	9:36	1.0	5:15	8:18	
19	Sat	3:47	9.5	4:25	9.1	10:05	0.4	10:30	1.2	5:16	8:17	
20	Sun	4:39	8.9	5:13	9.0	10:52	0.8	11:24	1.4	5:17	8:16	
21	Mon	5:32	8.5	6:01	8.9	11:39	1.3			5:18	8:16	
22	Tue	6:27	8.1	6:51	8.9	12:19	1.5	12:27	1.6	5:19	8:15	
23	Wed	7:25	7.8	7:42	8.9	1:16	1.5	1:19	1.9	5:20	8:14	
24	Thu	8:22	7.7	8:34	9.0	2:14	1.4	2:12	2.0	5:21	8:13	
25	Fri	9:16	7.8	9:22	9.2	3:07	1.2	3:03	1.9	5:22	8:12	
26	Sat	10:05	8.0	10:07	9.5	3:55	0.9	3:50	1.8	5:23	8:11	
27	Sun	10:50	8.1	10:51	9.7	4:38	0.6	4:33	1.6	5:24	8:10	
28	Mon	11:33	8.4	11:32	10.0	5:19	0.4	5:15	1.3	5:25	8:09	
29	Tue			12:13	8.6	5:59	0.1	5:57	1.0	5:26	8:08	
30	Wed	12:14	10.2	12:53	8.9	6:38	-0.2	6:40	0.8	5:27	8:07	
31	Thu	12:55	10.4	1:32	9.2	7:17	-0.4	7:23	0.5	5:28	8:05	