
































Portland, ME - Nov 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:30	8.9	4:44	9.7	10:24	1.2	11:14	0.3	6:16	4:32	
2	Sun	5:36	8.8	5:53	9.4	11:35	1.3			6:17	4:31	
3	Mon	6:41	8.9	6:59	9.3	12:20	0.4	12:44	1.2	6:19	4:30	
4	Tue	7:38	9.1	7:58	9.3	1:21	0.5	1:46	0.9	6:20	4:28	
5	Wed	8:28	9.4	8:49	9.3	2:14	0.5	2:39	0.6	6:21	4:27	
6	Thu	9:12	9.6	9:35	9.3	2:59	0.5	3:26	0.3	6:23	4:26	
7	Fri	9:51	9.8	10:17	9.2	3:40	0.6	4:08	0.2	6:24	4:24	
8	Sat	10:28	9.8	10:57	9.1	4:16	0.8	4:46	0.1	6:25	4:23	
9	Sun	11:02	9.8	11:35	8.9	4:51	0.9	5:22	0.1	6:26	4:22	
10	Mon	11:35	9.7			5:25	1.1	5:57	0.2	6:28	4:21	
11	Tue	12:12	8.7	12:09	9.6	5:59	1.3	6:33	0.3	6:29	4:20	
12	Wed	12:48	8.5	12:44	9.4	6:34	1.6	7:10	0.5	6:30	4:19	
13	Thu	1:27	8.2	1:22	9.2	7:12	1.8	7:50	0.7	6:32	4:18	
14	Fri	2:08	8.0	2:05	9.0	7:54	1.9	8:35	0.9	6:33	4:17	
15	Sat	2:55	7.8	2:54	8.9	8:42	2.1	9:24	1.0	6:34	4:16	
16	Sun	3:46	7.8	3:48	8.8	9:34	2.1	10:16	1.0	6:36	4:15	
17	Mon	4:39	8.0	4:45	8.8	10:31	1.9	11:10	0.9	6:37	4:14	
18	Tue	5:33	8.4	5:45	9.0	11:31	1.6			6:38	4:13	
19	Wed	6:27	8.9	6:45	9.2	12:05	0.7	12:32	1.0	6:39	4:12	
20	Thu	7:19	9.6	7:43	9.6	12:59	0.3	1:31	0.3	6:41	4:11	
21	Fri	8:08	10.3	8:38	9.9	1:51	0.0	2:25	-0.5	6:42	4:11	
22	Sat	8:57	11.0	9:31	10.2	2:41	-0.4	3:18	-1.2	6:43	4:10	
23	Sun	9:45	11.5	10:24	10.3	3:31	-0.6	4:09	-1.7	6:44	4:09	
24	Mon	10:35	11.8	11:17	10.3	4:21	-0.7	5:01	-1.9	6:46	4:09	
25	Tue	11:26	11.8			5:12	-0.6	5:54	-1.9	6:47	4:08	
26	Wed	12:10	10.2	12:19	11.6	6:04	-0.4	6:47	-1.7	6:48	4:07	
27	Thu	1:05	9.9	1:14	11.2	6:58	-0.1	7:43	-1.2	6:49	4:07	
28	Fri	2:03	9.5	2:13	10.6	7:56	0.3	8:43	-0.7	6:50	4:06	
29	Sat	3:04	9.2	3:16	10.0	8:58	0.8	9:45	-0.2	6:52	4:06	
30	Sun	4:08	9.0	4:21	9.5	10:05	1.1	10:47	0.2	6:53	4:06	