US HARBORS www.USHarbors.com

Portland, ME - Dec 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:10	8.9	5:26	9.1	11:12	1.2	11:48	0.6	6:54	4:05	
2	Tue	6:09	8.9	6:30	8.8			12:19	1.2	6:55	4:05	
3	Wed	7:05	9.1	7:30	8.7	12:46	0.8	1:21	1.0	6:56	4:05	
4	Thu	7:56	9.3	8:23	8.6	1:39	0.9	2:15	0.7	6:57	4:04	
5	Fri	8:40	9.5	9:10	8.6	2:26	1.0	3:02	0.5	6:58	4:04	
6	Sat	9:21	9.6	9:54	8.6	3:08	1.1	3:45	0.3	6:59	4:04	
7	Sun	9:59	9.7	10:35	8.6	3:47	1.2	4:24	0.2	7:00	4:04	
8	Mon	10:35	9.7	11:14	8.5	4:23	1.2	5:01	0.1	7:01	4:04	
9	Tue	11:11	9.7	11:51	8.4	4:59	1.3	5:37	0.1	7:02	4:04	
10	Wed	11:46	9.6			5:34	1.4	6:12	0.2	7:03	4:04	
11	Thu	12:28	8.3	12:22	9.5	6:11	1.5	6:48	0.3	7:04	4:04	
12	Fri	1:05	8.2	1:00	9.4	6:48	1.5	7:27	0.4	7:04	4:04	
13	Sat	1:44	8.2	1:40	9.3	7:30	1.6	8:08	0.4	7:05	4:04	
14	Sun	2:26	8.2	2:26	9.2	8:15	1.6	8:53	0.5	7:06	4:04	
15	Mon	3:12	8.3	3:17	9.1	9:06	1.5	9:41	0.5	7:07	4:04	
16	Tue	4:02	8.5	4:12	9.0	10:01	1.4	10:32	0.5	7:08	4:05	
17	Wed	4:53	8.9	5:11	8.9	11:00	1.1	11:25	0.4	7:08	4:05	
18	Thu	5:47	9.3	6:13	9.0			12:01	0.6	7:09	4:05	
19	Fri	6:42	9.9	7:15	9.1	12:21	0.3	1:03	0.0	7:09	4:06	
20	Sat	7:37	10.5	8:16	9.4	1:18	0.1	2:03	-0.6	7:10	4:06	
21	Sun	8:31	11.0	9:13	9.6	2:14	-0.1	2:59	-1.2	7:11	4:06	
22	Mon	9:24	11.4	10:08	9.8	3:08	-0.3	3:53	-1.6	7:11	4:07	
23	Tue	10:18	11.6	11:03	9.9	4:02	-0.5	4:47	-1.8	7:12	4:07	
24	Wed	11:12	11.7	11:57	9.9	4:55	-0.5	5:40	-1.8	7:12	4:08	
25	Thu			12:05	11.5	5:49	-0.4	6:33	-1.6	7:12	4:09	
26	Fri	12:50	9.7	12:59	11.1	6:43	-0.2	7:26	-1.2	7:13	4:09	
27	Sat	1:44	9.5	1:54	10.5	7:38	0.1	8:20	-0.7	7:13	4:10	
28	Sun	2:39	9.3	2:51	9.9	8:36	0.5	9:15	-0.2	7:13	4:11	
29	Mon	3:36	9.1	3:51	9.3	9:37	0.8	10:10	0.3	7:14	4:11	
30	Tue	4:32	8.9	4:51	8.7	10:39	1.1	11:05	0.8	7:14	4:12	
31	Wed	5:27	8.9	5:52	8.3	11:42	1.2			7:14	4:13	