
































Portland, ME - Mar 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:36	8.3	7:28	7.3	12:14	2.3	1:13	1.4	6:16	5:30	
2	Tue	7:35	8.5	8:21	7.6	1:16	2.1	2:09	1.1	6:14	5:31	
3	Wed	8:27	8.9	9:07	8.0	2:11	1.8	2:56	0.7	6:13	5:32	
4	Thu	9:13	9.3	9:48	8.5	2:57	1.3	3:36	0.3	6:11	5:33	
5	Fri	9:55	9.7	10:26	8.9	3:39	0.9	4:13	-0.1	6:09	5:35	
6	Sat	10:35	10.0	11:03	9.4	4:20	0.4	4:50	-0.4	6:07	5:36	
7	Sun	11:14	10.2	11:39	9.8	5:00	-0.1	5:26	-0.6	6:06	5:37	
8	Mon	11:55	10.3			5:41	-0.5	6:04	-0.7	6:04	5:38	
9	Tue	12:16	10.2	12:36	10.2	6:24	-0.8	6:43	-0.7	6:02	5:40	
10	Wed	12:55	10.4	1:21	9.9	7:09	-0.9	7:26	-0.4	6:00	5:41	
11	Thu	1:38	10.5	2:10	9.5	7:57	-0.8	8:13	-0.1	5:59	5:42	
12	Fri	2:26	10.3	3:06	9.0	8:51	-0.5	9:06	0.4	5:57	5:43	
13	Sat	3:22	10.0	4:09	8.6	9:51	-0.2	10:05	0.8	5:55	5:45	
14	Sun	4:24	9.7	5:18	8.3	10:57	0.1	11:12	1.2	5:53	5:46	
15	Mon	5:34	9.5	6:32	8.2			12:10	0.3	5:51	5:47	
16	Tue	6:48	9.5	7:42	8.4	12:25	1.2	1:23	0.2	5:50	5:48	
17	Wed	7:58	9.7	8:43	8.9	1:38	1.0	2:27	-0.1	5:48	5:50	
18	Thu	8:58	10.0	9:35	9.3	2:41	0.6	3:21	-0.4	5:46	5:51	
19	Fri	9:51	10.2	10:23	9.7	3:36	0.1	4:09	-0.6	5:44	5:52	
20	Sat	10:39	10.3	11:05	9.9	4:25	-0.2	4:53	-0.6	5:42	5:53	
21	Sun	11:24	10.1	11:45	10.0	5:11	-0.4	5:33	-0.4	5:41	5:54	
22	Mon			12:06	9.9	5:53	-0.4	6:10	-0.1	5:39	5:56	
23	Tue	12:22	10.0	12:46	9.5	6:34	-0.3	6:47	0.3	5:37	5:57	
24	Wed	12:58	9.8	1:27	9.0	7:14	-0.1	7:23	0.8	5:35	5:58	
25	Thu	1:34	9.5	2:09	8.6	7:55	0.2	8:02	1.2	5:33	5:59	
26	Fri	2:14	9.2	2:54	8.1	8:38	0.6	8:45	1.7	5:32	6:00	
27	Sat	2:58	8.8	3:45	7.7	9:26	1.0	9:33	2.0	5:30	6:02	
28	Sun	3:49	8.5	4:41	7.4	10:20	1.3	10:27	2.3	5:28	6:03	
29	Mon	4:46	8.3	5:41	7.3	11:18	1.5	11:26	2.4	5:26	6:04	
30	Tue	5:47	8.3	6:42	7.4			12:20	1.5	5:24	6:05	
31	Wed	6:49	8.4	7:37	7.8	12:29	2.2	1:19	1.3	5:23	6:06	