
































Portland, ME - Jul 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:36	9.4	10:46	11.5	4:22	-1.0	4:28	0.1	5:03	8:26	
2	Fri	11:34	9.6	11:42	11.6	5:18	-1.3	5:25	0.0	5:04	8:26	
3	Sat			12:30	9.8	6:14	-1.5	6:21	-0.1	5:04	8:25	
4	Sun	12:39	11.6	1:26	9.8	7:09	-1.5	7:17	-0.1	5:05	8:25	
5	Mon	1:35	11.4	2:20	9.8	8:02	-1.3	8:14	0.1	5:06	8:25	
6	Tue	2:30	11.0	3:15	9.8	8:56	-1.0	9:12	0.3	5:06	8:24	
7	Wed	3:27	10.5	4:11	9.7	9:50	-0.5	10:13	0.6	5:07	8:24	
8	Thu	4:26	9.9	5:06	9.6	10:44	0.0	11:14	0.8	5:08	8:24	
9	Fri	5:26	9.3	6:01	9.5	11:38	0.5			5:08	8:23	
10	Sat	6:25	8.7	6:54	9.4	12:15	0.9	12:31	1.0	5:09	8:23	
11	Sun	7:26	8.3	7:48	9.3	1:17	1.0	1:26	1.4	5:10	8:22	
12	Mon	8:25	8.1	8:40	9.3	2:17	1.0	2:21	1.6	5:11	8:22	
13	Tue	9:20	8.1	9:29	9.4	3:12	0.9	3:13	1.8	5:12	8:21	
14	Wed	10:10	8.1	10:14	9.5	4:02	0.7	3:59	1.8	5:12	8:20	
15	Thu	10:56	8.2	10:57	9.6	4:46	0.6	4:42	1.7	5:13	8:20	
16	Fri	11:39	8.3	11:38	9.7	5:28	0.5	5:23	1.6	5:14	8:19	
17	Sat			12:19	8.4	6:07	0.4	6:01	1.5	5:15	8:18	
18	Sun	12:16	9.8	12:57	8.5	6:43	0.3	6:39	1.4	5:16	8:18	
19	Mon	12:53	9.8	1:32	8.6	7:17	0.2	7:16	1.3	5:17	8:17	
20	Tue	1:30	9.8	2:07	8.7	7:52	0.2	7:55	1.2	5:18	8:16	
21	Wed	2:06	9.7	2:43	8.9	8:27	0.2	8:36	1.1	5:19	8:15	
22	Thu	2:46	9.6	3:21	9.1	9:04	0.2	9:21	1.0	5:20	8:14	
23	Fri	3:29	9.4	4:02	9.3	9:45	0.3	10:09	0.9	5:21	8:13	
24	Sat	4:17	9.2	4:47	9.6	10:30	0.4	11:02	0.7	5:22	8:12	
25	Sun	5:10	9.0	5:37	9.8	11:18	0.5	11:58	0.5	5:23	8:11	
26	Mon	6:08	8.7	6:31	10.1			12:11	0.7	5:24	8:10	
27	Tue	7:11	8.6	7:31	10.3	12:59	0.3	1:10	0.8	5:25	8:09	
28	Wed	8:17	8.7	8:34	10.6	2:04	0.0	2:13	0.7	5:26	8:08	
29	Thu	9:22	8.9	9:35	10.9	3:08	-0.3	3:15	0.5	5:27	8:07	
30	Fri	10:22	9.2	10:34	11.2	4:09	-0.7	4:15	0.2	5:28	8:06	
31	Sat	11:20	9.5	11:32	11.4	5:06	-1.0	5:12	0.0	5:29	8:05	