

































Portland, ME - Aug 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			12:15	9.8	6:00	-1.2	6:09	-0.2	5:30	8:03	
2	Mon	12:27	11.4	1:08	10.0	6:52	-1.3	7:03	-0.2	5:31	8:02	
3	Tue	1:20	11.2	1:58	10.0	7:42	-1.1	7:57	-0.2	5:32	8:01	
4	Wed	2:12	10.8	2:47	10.0	8:30	-0.7	8:50	0.1	5:33	8:00	
5	Thu	3:04	10.2	3:37	9.8	9:18	-0.3	9:45	0.3	5:35	7:58	
6	Fri	3:58	9.5	4:27	9.6	10:08	0.3	10:41	0.7	5:36	7:57	
7	Sat	4:53	8.9	5:19	9.4	10:58	0.9	11:39	0.9	5:37	7:56	
8	Sun	5:50	8.4	6:11	9.1	11:49	1.4			5:38	7:54	
9	Mon	6:49	8.0	7:06	9.0	12:38	1.2	12:44	1.8	5:39	7:53	
10	Tue	7:50	7.8	8:02	8.9	1:39	1.3	1:42	2.0	5:40	7:51	
11	Wed	8:48	7.8	8:57	9.0	2:39	1.2	2:39	2.0	5:41	7:50	
12	Thu	9:40	7.9	9:46	9.2	3:31	1.0	3:30	1.9	5:42	7:48	
13	Fri	10:26	8.1	10:30	9.5	4:18	0.8	4:15	1.7	5:43	7:47	
14	Sat	11:09	8.3	11:12	9.7	4:59	0.6	4:56	1.4	5:45	7:46	
15	Sun	11:48	8.5	11:51	9.9	5:37	0.4	5:35	1.2	5:46	7:44	
16	Mon			12:25	8.8	6:12	0.2	6:13	1.0	5:47	7:42	
17	Tue	12:28	10.0	12:59	9.0	6:46	0.0	6:51	0.8	5:48	7:41	
18	Wed	1:04	10.0	1:33	9.3	7:19	0.0	7:30	0.6	5:49	7:39	
19	Thu	1:41	9.9	2:08	9.5	7:54	0.0	8:11	0.4	5:50	7:38	
20	Fri	2:21	9.7	2:45	9.7	8:32	0.0	8:55	0.3	5:51	7:36	
21	Sat	3:05	9.5	3:28	9.9	9:14	0.2	9:44	0.2	5:52	7:35	
22	Sun	3:54	9.2	4:16	10.0	10:00	0.4	10:38	0.3	5:54	7:33	
23	Mon	4:49	8.9	5:10	10.0	10:52	0.7	11:37	0.3	5:55	7:31	
24	Tue	5:50	8.6	6:09	10.0	11:49	0.9			5:56	7:30	
25	Wed	6:57	8.4	7:15	10.1	12:41	0.3	12:53	1.0	5:57	7:28	
26	Thu	8:07	8.5	8:23	10.3	1:51	0.2	2:01	0.9	5:58	7:26	
27	Fri	9:13	8.8	9:28	10.6	2:58	-0.1	3:07	0.6	5:59	7:24	
28	Sat	10:12	9.2	10:26	10.9	3:58	-0.5	4:07	0.3	6:00	7:23	
29	Sun	11:07	9.6	11:21	11.0	4:53	-0.8	5:03	-0.1	6:01	7:21	
30	Mon	11:58	10.0			5:44	-0.9	5:56	-0.3	6:03	7:19	
31	Tue	12:13	11.0	12:45	10.2	6:31	-0.9	6:47	-0.4	6:04	7:18	