US HARBORS www.USHarbors.com

Portland, ME - Mar 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:49	11.3			5:34	-1.5	6:02	-1.7	6:17	5:29	
2	Thu	12:16	11.0	12:40	11.0	6:25	-1.6	6:48	-1.4	6:15	5:30	
3	Fri	1:03	11.0	1:32	10.5	7:17	-1.5	7:36	-0.9	6:13	5:31	
4	Sat	1:52	10.8	2:26	9.8	8:11	-1.1	8:27	-0.2	6:12	5:33	
5	Sun	2:44	10.3	3:25	9.0	9:08	-0.6	9:22	0.6	6:10	5:34	
6	Mon	3:41	9.8	4:27	8.4	10:09	0.0	10:21	1.2	6:08	5:35	
7	Tue	4:42	9.3	5:34	7.9	11:15	0.5	11:27	1.7	6:06	5:37	
8	Wed	5:48	8.9	6:42	7.7			12:25	0.8	6:05	5:38	
9	Thu	6:56	8.7	7:46	7.8	12:37	1.8	1:32	0.9	6:03	5:39	
10	Fri	7:58	8.8	8:40	8.0	1:43	1.7	2:29	0.8	6:01	5:40	
11	Sat	8:50	9.0	9:26	8.3	2:37	1.5	3:16	0.6	5:59	5:42	
12	Sun	9:36	9.2	10:06	8.6	3:24	1.2	3:56	0.4	5:58	5:43	
13	Mon	10:16	9.3	10:42	8.9	4:05	0.9	4:32	0.3	5:56	5:44	
14	Tue	10:53	9.4	11:14	9.1	4:42	0.6	5:04	0.3	5:54	5:45	
15	Wed	11:28	9.3	11:45	9.3	5:16	0.4	5:33	0.3	5:52	5:46	
16	Thu			12:01	9.2	5:50	0.3	6:03	0.4	5:51	5:48	
17	Fri	12:14	9.4	12:35	9.0	6:23	0.2	6:33	0.6	5:49	5:49	
18	Sat	12:44	9.4	1:09	8.8	6:57	0.2	7:06	0.8	5:47	5:50	
19	Sun	1:16	9.4	1:46	8.5	7:35	0.3	7:43	1.0	5:45	5:51	
20	Mon	1:53	9.4	2:29	8.2	8:17	0.4	8:26	1.3	5:43	5:53	
21	Tue	2:37	9.2	3:19	7.9	9:06	0.6	9:15	1.5	5:42	5:54	
22	Wed	3:29	9.2	4:17	7.7	10:02	0.7	10:13	1.6	5:40	5:55	
23	Thu	4:29	9.1	5:23	7.7	11:05	0.8	11:17	1.6	5:38	5:56	
24	Fri	5:37	9.2	6:32	8.0			12:12	0.6	5:36	5:57	
25	Sat	6:48	9.5	7:38	8.6	12:27	1.3	1:20	0.2	5:34	5:59	
26	Sun	7:54	10.0	8:35	9.4	1:35	0.7	2:19	-0.4	5:33	6:00	
27	Mon	8:53	10.5	9:27	10.1	2:37	-0.1	3:12	-0.9	5:31	6:01	
28	Tue	9:48	10.9	10:16	10.8	3:32	-0.8	4:01	-1.2	5:29	6:02	
29	Wed	10:41	11.0	11:03	11.2	4:25	-1.4	4:49	-1.3	5:27	6:03	
30	Thu	11:32	10.9	11:50	11.4	5:17	-1.7	5:36	-1.2	5:25	6:05	
31	Fri			12:22	10.6	6:07	-1.8	6:23	-0.8	5:24	6:06	