

































Portland, ME - Jul 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:31	9.1	4:12	8.6	9:52	0.7	10:08	1.7	5:03	8:26	
2	Sun	4:17	8.8	4:55	8.6	10:33	1.0	10:58	1.8	5:03	8:26	
3	Mon	5:06	8.4	5:39	8.7	11:15	1.3	11:48	1.8	5:04	8:26	
4	Tue	5:56	8.1	6:24	8.8	11:59	1.5			5:05	8:25	
5	Wed	6:50	7.8	7:11	8.9	12:41	1.7	12:46	1.7	5:05	8:25	
6	Thu	7:47	7.7	8:00	9.1	1:36	1.5	1:37	1.8	5:06	8:25	
7	Fri	8:43	7.8	8:50	9.4	2:31	1.2	2:29	1.8	5:07	8:24	
8	Sat	9:35	8.0	9:39	9.8	3:23	0.8	3:20	1.6	5:07	8:24	
9	Sun	10:25	8.2	10:27	10.2	4:12	0.4	4:09	1.3	5:08	8:23	
10	Mon	11:14	8.6	11:16	10.6	5:00	-0.1	4:59	1.0	5:09	8:23	
11	Tue			12:03	8.9	5:48	-0.5	5:49	0.6	5:10	8:22	
12	Wed	12:06	10.9	12:51	9.3	6:36	-0.8	6:40	0.3	5:10	8:22	
13	Thu	12:56	11.1	1:39	9.6	7:23	-1.0	7:32	0.1	5:11	8:21	
14	Fri	1:47	11.1	2:29	9.9	8:11	-1.1	8:26	0.0	5:12	8:21	
15	Sat	2:40	10.8	3:20	10.1	9:01	-1.0	9:22	0.0	5:13	8:20	
16	Sun	3:35	10.4	4:14	10.2	9:52	-0.7	10:22	0.0	5:14	8:19	
17	Mon	4:35	9.9	5:09	10.3	10:46	-0.3	11:23	0.1	5:15	8:19	
18	Tue	5:36	9.4	6:05	10.2	11:41	0.2			5:16	8:18	
19	Wed	6:40	9.0	7:04	10.2	12:27	0.2	12:39	0.7	5:17	8:17	
20	Thu	7:47	8.6	8:05	10.1	1:33	0.2	1:42	1.0	5:17	8:16	
21	Fri	8:51	8.5	9:04	10.1	2:39	0.2	2:44	1.2	5:18	8:15	
22	Sat	9:50	8.5	9:59	10.1	3:38	0.1	3:41	1.2	5:19	8:15	
23	Sun	10:44	8.6	10:50	10.1	4:32	0.0	4:33	1.2	5:20	8:14	
24	Mon	11:33	8.6	11:37	10.1	5:21	0.0	5:21	1.1	5:21	8:13	
25	Tue			12:18	8.7	6:06	0.0	6:06	1.1	5:22	8:12	
26	Wed	12:20	10.1	12:58	8.8	6:47	0.0	6:47	1.1	5:23	8:11	
27	Thu	1:01	9.9	1:36	8.8	7:24	0.1	7:27	1.1	5:24	8:10	
28	Fri	1:39	9.7	2:13	8.9	7:59	0.3	8:06	1.2	5:25	8:09	
29	Sat	2:17	9.4	2:49	8.9	8:33	0.5	8:47	1.3	5:27	8:07	
30	Sun	2:56	9.1	3:26	8.9	9:09	0.7	9:29	1.4	5:28	8:06	
31	Mon	3:38	8.7	4:05	8.9	9:46	1.0	10:13	1.4	5:29	8:05	