
























## Portland, ME - Aug 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:22	8.3	4:46	8.9	10:26	1.3	11:01	1.5	5:30	8:04	
2	Wed	5:11	8.0	5:30	8.9	11:10	1.6	11:52	1.5	5:31	8:03	
3	Thu	6:03	7.7	6:19	8.9	11:58	1.8			5:32	8:01	
4	Fri	7:00	7.6	7:14	9.1	12:48	1.4	12:51	1.9	5:33	8:00	
5	Sat	8:02	7.6	8:12	9.4	1:48	1.2	1:49	1.8	5:34	7:59	
6	Sun	9:01	7.9	9:09	9.9	2:48	0.8	2:48	1.5	5:35	7:58	
7	Mon	9:55	8.3	10:03	10.4	3:43	0.3	3:43	1.0	5:36	7:56	
8	Tue	10:47	8.8	10:56	10.9	4:34	-0.2	4:37	0.5	5:37	7:55	
9	Wed	11:37	9.4	11:48	11.2	5:24	-0.7	5:30	0.0	5:38	7:53	
10	Thu			12:26	9.9	6:12	-1.1	6:23	-0.4	5:40	7:52	
11	Fri	12:39	11.4	1:15	10.4	7:00	-1.3	7:15	-0.7	5:41	7:51	
12	Sat	1:31	11.3	2:03	10.7	7:47	-1.3	8:09	-0.8	5:42	7:49	
13	Sun	2:23	10.9	2:53	10.8	8:36	-1.0	9:04	-0.7	5:43	7:48	
14	Mon	3:18	10.4	3:46	10.7	9:27	-0.6	10:03	-0.5	5:44	7:46	
15	Tue	4:17	9.8	4:42	10.4	10:21	0.0	11:04	-0.2	5:45	7:45	
16	Wed	5:19	9.2	5:41	10.1	11:18	0.6			5:46	7:43	
17	Thu	6:24	8.7	6:43	9.8	12:09	0.2	12:20	1.1	5:47	7:42	
18	Fri	7:32	8.3	7:48	9.7	1:17	0.4	1:25	1.4	5:49	7:40	
19	Sat	8:38	8.3	8:51	9.6	2:24	0.5	2:31	1.5	5:50	7:39	
20	Sun	9:36	8.3	9:47	9.7	3:25	0.4	3:30	1.4	5:51	7:37	
21	Mon	10:27	8.5	10:36	9.8	4:17	0.3	4:20	1.2	5:52	7:35	
22	Tue	11:13	8.7	11:20	9.9	5:03	0.3	5:06	1.1	5:53	7:34	
23	Wed	11:53	8.8			5:44	0.2	5:47	1.0	5:54	7:32	
24	Thu	12:00	9.8	12:30	9.0	6:20	0.2	6:26	0.9	5:55	7:30	
25	Fri	12:38	9.7	1:04	9.1	6:53	0.3	7:02	0.8	5:56	7:29	
26	Sat	1:13	9.5	1:36	9.2	7:24	0.5	7:38	0.8	5:58	7:27	
27	Sun	1:48	9.3	2:08	9.2	7:55	0.7	8:14	0.9	5:59	7:25	
28	Mon	2:24	8.9	2:41	9.1	8:28	0.9	8:52	1.0	6:00	7:24	
29	Tue	3:02	8.6	3:17	9.1	9:04	1.2	9:34	1.1	6:01	7:22	
30	Wed	3:44	8.3	3:58	9.0	9:43	1.5	10:20	1.2	6:02	7:20	
31	Thu	4:32	7.9	4:45	8.9	10:29	1.7	11:12	1.3	6:03	7:18	