US HARBORS www.USHarbors.com

Portland, ME - Jan 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:42	10.4	9:27	8.9	2:23	0.6	3:13	-0.7	7:14	4:14	
2	Tue	9:35	10.5	10:21	9.0	3:18	0.5	4:06	-0.8	7:14	4:15	
3	Wed	10:27	10.6	11:10	9.0	4:10	0.5	4:56	-0.8	7:14	4:16	
4	Thu	11:16	10.5	11:57	9.0	4:59	0.5	5:43	-0.7	7:14	4:17	
5	Fri			12:01	10.3	5:47	0.5	6:27	-0.5	7:14	4:18	
6	Sat	12:41	8.9	12:45	10.0	6:32	0.7	7:09	-0.2	7:14	4:19	
7	Sun	1:23	8.8	1:28	9.6	7:16	0.9	7:50	0.1	7:14	4:20	
8	Mon	2:05	8.7	2:13	9.1	8:02	1.1	8:31	0.5	7:13	4:21	
9	Tue	2:49	8.6	3:00	8.6	8:50	1.3	9:13	0.9	7:13	4:22	
10	Wed	3:33	8.5	3:50	8.1	9:40	1.5	9:56	1.3	7:13	4:23	
11	Thu	4:19	8.5	4:43	7.7	10:32	1.6	10:43	1.6	7:13	4:24	
12	Fri	5:07	8.4	5:40	7.5	11:28	1.6	11:33	1.9	7:12	4:25	
13	Sat	5:58	8.5	6:40	7.4			12:26	1.5	7:12	4:26	
14	Sun	6:51	8.6	7:38	7.4	12:27	2.0	1:25	1.2	7:11	4:28	
15	Mon	7:44	8.9	8:30	7.7	1:23	1.9	2:17	0.9	7:11	4:29	
16	Tue	8:33	9.3	9:18	8.0	2:14	1.6	3:04	0.4	7:10	4:30	
17	Wed	9:19	9.7	10:02	8.3	3:01	1.3	3:49	0.0	7:10	4:31	
18	Thu	10:04	10.2	10:46	8.7	3:47	0.8	4:32	-0.5	7:09	4:33	
19	Fri	10:49	10.6	11:29	9.1	4:32	0.4	5:14	-0.9	7:09	4:34	
20	Sat	11:34	10.8			5:18	0.0	5:57	-1.1	7:08	4:35	
21	Sun	12:11	9.5	12:20	10.9	6:06	-0.3	6:40	-1.3	7:07	4:36	
22	Mon	12:55	9.8	1:07	10.7	6:54	-0.5	7:25	-1.2	7:06	4:38	
23	Tue	1:41	10.1	1:58	10.3	7:46	-0.5	8:13	-0.9	7:06	4:39	
24	Wed	2:30	10.1	2:53	9.8	8:41	-0.4	9:03	-0.5	7:05	4:40	
25	Thu	3:23	10.1	3:53	9.2	9:40	-0.2	9:58	0.0	7:04	4:42	
26	Fri	4:20	10.0	4:57	8.7	10:43	-0.1	10:57	0.5	7:03	4:43	
27	Sat	5:21	9.8	6:07	8.3	11:50	0.1			7:02	4:44	
28	Sun	6:26	9.7	7:18	8.2	12:02	0.9	1:01	0.1	7:01	4:46	
29	Mon	7:33	9.7	8:23	8.3	1:10	1.1	2:08	0.0	7:00	4:47	
30	Tue	8:34	9.8	9:20	8.5	2:15	1.0	3:07	-0.2	6:59	4:48	
31	Wed	9:29	10.0	10:11	8.7	3:11	0.8	3:58	-0.4	6:58	4:50	