US HARBORS www.USHarbors.com

Portland, ME - Jun 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri			12:28	8.4	6:12	0.3	6:09	1.6	5:02	8:15	
2	Sat	12:22	9.8	1:07	8.4	6:50	0.2	6:47	1.5	5:01	8:16	
3	Sun	1:00	9.9	1:45	8.4	7:28	0.2	7:27	1.5	5:01	8:16	
4	Mon	1:39	9.9	2:25	8.4	8:08	0.1	8:10	1.4	5:00	8:17	
5	Tue	2:21	9.9	3:08	8.5	8:50	0.1	8:57	1.4	5:00	8:18	
6	Wed	3:08	9.8	3:55	8.7	9:36	0.1	9:49	1.3	5:00	8:19	
7	Thu	3:59	9.7	4:46	9.0	10:25	0.1	10:45	1.1	4:59	8:19	
8	Fri	4:55	9.6	5:38	9.4	11:16	0.1	11:44	0.9	4:59	8:20	
9	Sat	5:54	9.4	6:32	9.8			12:09	0.2	4:59	8:21	
10	Sun	6:56	9.3	7:28	10.2	12:46	0.5	1:05	0.2	4:59	8:21	
11	Mon	8:01	9.3	8:24	10.6	1:50	0.1	2:03	0.3	4:58	8:22	
12	Tue	9:04	9.3	9:20	11.0	2:52	-0.4	3:01	0.3	4:58	8:22	
13	Wed	10:03	9.4	10:14	11.2	3:50	-0.8	3:57	0.2	4:58	8:23	
14	Thu	11:00	9.5	11:08	11.3	4:46	-1.1	4:51	0.2	4:58	8:23	
15	Fri	11:56	9.5			5:40	-1.2	5:45	0.3	4:58	8:24	
16	Sat	12:02	11.3	12:50	9.5	6:33	-1.2	6:38	0.4	4:58	8:24	
17	Sun	12:55	11.1	1:41	9.4	7:25	-1.0	7:31	0.6	4:58	8:24	
18	Mon	1:47	10.8	2:32	9.2	8:15	-0.6	8:23	0.8	4:58	8:25	
19	Tue	2:38	10.3	3:24	9.1	9:05	-0.2	9:17	1.1	4:59	8:25	
20	Wed	3:30	9.8	4:15	9.0	9:55	0.2	10:13	1.4	4:59	8:25	
21	Thu	4:24	9.2	5:06	8.9	10:44	0.6	11:09	1.5	4:59	8:26	
22	Fri	5:18	8.7	5:55	8.9	11:32	1.0			4:59	8:26	
23	Sat	6:13	8.3	6:44	8.9	12:05	1.6	12:20	1.4	4:59	8:26	
24	Sun	7:09	8.0	7:33	8.9	1:03	1.6	1:10	1.7	5:00	8:26	
25	Mon	8:06	7.8	8:22	9.0	2:00	1.5	2:01	1.9	5:00	8:26	
26	Tue	9:01	7.8	9:09	9.2	2:53	1.3	2:50	1.9	5:00	8:26	
27	Wed	9:50	7.9	9:53	9.4	3:41	1.0	3:36	1.9	5:01	8:26	
28	Thu	10:37	8.0	10:35	9.6	4:25	0.8	4:19	1.8	5:01	8:26	
29	Fri	11:20	8.2	11:17	9.8	5:07	0.5	5:00	1.6	5:02	8:26	
30	Sat			12:02	8.3	5:47	0.3	5:42	1.5	5:02	8:26	