US HARBORS www.USHarbors.com

Portland, ME - Aug 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:00	10.7	1:35	9.7	7:20	-0.7	7:33	0.1	5:29	8:04	
2	Thu	1:45	10.6	2:18	10.1	8:03	-0.8	8:21	-0.1	5:31	8:03	
3	Fri	2:33	10.4	3:04	10.3	8:47	-0.6	9:13	-0.2	5:32	8:02	
4	Sat	3:24	10.1	3:53	10.4	9:35	-0.4	10:09	-0.2	5:33	8:01	
5	Sun	4:21	9.6	4:47	10.4	10:26	0.0	11:08	0.0	5:34	7:59	
6	Mon	5:21	9.1	5:44	10.3	11:22	0.4			5:35	7:58	
7	Tue	6:26	8.7	6:46	10.1	12:11	0.1	12:22	0.8	5:36	7:57	
8	Wed	7:35	8.5	7:53	10.1	1:19	0.2	1:28	1.1	5:37	7:55	
9	Thu	8:43	8.5	8:57	10.2	2:28	0.2	2:35	1.1	5:38	7:54	
10	Fri	9:45	8.6	9:56	10.3	3:31	0.0	3:36	0.9	5:39	7:52	
11	Sat	10:40	8.8	10:50	10.4	4:28	-0.2	4:32	0.8	5:40	7:51	
12	Sun	11:30	9.1	11:40	10.4	5:18	-0.3	5:23	0.6	5:42	7:50	
13	Mon			12:16	9.2	6:04	-0.3	6:10	0.5	5:43	7:48	
14	Tue	12:26	10.3	12:58	9.3	6:46	-0.2	6:55	0.5	5:44	7:47	
15	Wed	1:08	10.1	1:37	9.4	7:24	0.0	7:37	0.6	5:45	7:45	
16	Thu	1:49	9.7	2:14	9.4	8:01	0.3	8:18	0.7	5:46	7:44	
17	Fri	2:29	9.3	2:51	9.3	8:37	0.6	9:00	0.9	5:47	7:42	
18	Sat	3:11	8.8	3:30	9.1	9:14	1.0	9:45	1.1	5:48	7:40	
19	Sun	3:56	8.4	4:13	8.9	9:55	1.4	10:32	1.4	5:49	7:39	
20	Mon	4:45	7.9	4:59	8.8	10:39	1.8	11:23	1.6	5:51	7:37	
21	Tue	5:37	7.6	5:50	8.6	11:28	2.1			5:52	7:36	
22	Wed	6:34	7.4	6:45	8.6	12:19	1.7	12:21	2.3	5:53	7:34	
23	Thu	7:36	7.4	7:44	8.8	1:19	1.7	1:19	2.2	5:54	7:32	
24	Fri	8:34	7.6	8:41	9.2	2:20	1.4	2:18	2.0	5:55	7:31	
25	Sat	9:26	7.9	9:32	9.6	3:14	1.0	3:12	1.6	5:56	7:29	
26	Sun	10:13	8.4	10:20	10.1	4:00	0.5	4:02	1.0	5:57	7:27	
27	Mon	10:56	9.0	11:06	10.5	4:44	0.0	4:49	0.5	5:58	7:26	
28	Tue	11:39	9.6	11:52	10.8	5:26	-0.5	5:36	-0.1	6:00	7:24	
29	Wed			12:22	10.2	6:08	-0.8	6:24	-0.5	6:01	7:22	
30	Thu	12:38	10.9	1:05	10.6	6:51	-1.0	7:12	-0.8	6:02	7:21	
31	Fri	1:25	10.8	1:49	10.9	7:35	-0.9	8:02	-0.9	6:03	7:19	