

































Portland, ME - Jan 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:23	8.8	5:54	7.9	11:45	1.3	11:54	1.5	7:14	4:14	
2	Wed	6:16	8.8	6:54	7.7			12:45	1.2	7:14	4:15	
3	Thu	7:09	8.8	7:50	7.7	12:49	1.7	1:42	1.0	7:14	4:16	
4	Fri	7:59	9.0	8:41	7.8	1:42	1.8	2:32	0.8	7:14	4:17	
5	Sat	8:45	9.2	9:27	8.0	2:30	1.7	3:17	0.6	7:14	4:18	
6	Sun	9:28	9.4	10:09	8.1	3:13	1.5	3:58	0.3	7:14	4:19	
7	Mon	10:08	9.6	10:49	8.3	3:53	1.3	4:36	0.1	7:14	4:20	
8	Tue	10:47	9.8	11:27	8.5	4:32	1.1	5:13	-0.1	7:13	4:21	
9	Wed	11:25	10.0			5:10	0.9	5:48	-0.3	7:13	4:22	
10	Thu	12:03	8.7	12:03	10.1	5:49	0.7	6:24	-0.4	7:13	4:23	
11	Fri	12:39	8.9	12:41	10.0	6:29	0.6	7:01	-0.4	7:13	4:24	
12	Sat	1:16	9.1	1:22	9.9	7:12	0.4	7:41	-0.4	7:12	4:25	
13	Sun	1:56	9.3	2:08	9.7	7:59	0.3	8:24	-0.3	7:12	4:26	
14	Mon	2:40	9.5	2:59	9.3	8:50	0.3	9:12	0.0	7:11	4:27	
15	Tue	3:29	9.6	3:55	8.9	9:46	0.2	10:03	0.2	7:11	4:29	
16	Wed	4:23	9.7	4:57	8.6	10:46	0.2	11:00	0.5	7:10	4:30	
17	Thu	5:22	9.8	6:05	8.4	11:51	0.1			7:10	4:31	
18	Fri	6:26	9.9	7:16	8.4	12:03	0.7	1:00	-0.1	7:09	4:32	
19	Sat	7:32	10.2	8:22	8.6	1:09	0.7	2:07	-0.4	7:09	4:34	
20	Sun	8:35	10.5	9:22	8.9	2:14	0.5	3:08	-0.8	7:08	4:35	
21	Mon	9:33	10.7	10:17	9.2	3:13	0.3	4:03	-1.0	7:07	4:36	
22	Tue	10:27	10.9	11:09	9.4	4:09	0.0	4:55	-1.2	7:07	4:37	
23	Wed	11:19	10.9	11:57	9.6	5:02	-0.2	5:43	-1.2	7:06	4:39	
24	Thu			12:07	10.7	5:52	-0.2	6:28	-1.0	7:05	4:40	
25	Fri	12:42	9.6	12:54	10.3	6:40	-0.1	7:11	-0.7	7:04	4:41	
26	Sat	1:26	9.5	1:40	9.8	7:27	0.1	7:53	-0.2	7:03	4:43	
27	Sun	2:09	9.4	2:27	9.1	8:16	0.4	8:36	0.4	7:02	4:44	
28	Mon	2:54	9.2	3:17	8.5	9:06	0.7	9:21	0.9	7:01	4:45	
29	Tue	3:40	8.9	4:10	8.0	9:58	1.0	10:08	1.4	7:00	4:47	
30	Wed	4:29	8.7	5:06	7.6	10:53	1.3	10:59	1.8	6:59	4:48	
31	Thu	5:22	8.5	6:07	7.3	11:53	1.4	11:55	2.0	6:58	4:49	