

































Portland, ME - Mar 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:28	8.3	6:22	7.2			12:03	1.6	6:16	5:30	
2	Sun	6:31	8.3	7:23	7.3	12:07	2.2	1:07	1.4	6:14	5:31	
3	Mon	7:30	8.6	8:15	7.7	1:09	2.0	2:02	1.1	6:12	5:32	
4	Tue	8:22	9.1	9:01	8.2	2:04	1.6	2:48	0.6	6:11	5:33	
5	Wed	9:08	9.5	9:41	8.8	2:52	1.0	3:28	0.1	6:09	5:35	
6	Thu	9:51	9.9	10:20	9.4	3:36	0.4	4:07	-0.3	6:07	5:36	
7	Fri	10:34	10.3	10:59	10.0	4:19	-0.1	4:45	-0.7	6:06	5:37	
8	Sat	11:16	10.4	11:38	10.4	5:03	-0.7	5:25	-0.9	6:04	5:38	
9	Sun			1:00	10.4	6:47	-1.1	7:06	-0.9	7:02	6:40	
10	Mon	1:18	10.8	1:45	10.2	7:33	-1.2	7:49	-0.7	7:00	6:41	
11	Tue	2:02	10.8	2:34	9.9	8:21	-1.2	8:35	-0.4	6:59	6:42	
12	Wed	2:49	10.7	3:27	9.4	9:13	-0.9	9:27	0.1	6:57	6:43	
13	Thu	3:43	10.4	4:28	8.8	10:11	-0.5	10:25	0.6	6:55	6:45	
14	Fri	4:44	10.0	5:35	8.4	11:15	-0.1	11:29	1.0	6:53	6:46	
15	Sat	5:52	9.6	6:47	8.2			12:26	0.3	6:51	6:47	
16	Sun	7:05	9.4	8:00	8.3	12:41	1.3	1:40	0.3	6:50	6:48	
17	Mon	8:18	9.5	9:05	8.6	1:56	1.2	2:48	0.2	6:48	6:50	
18	Tue	9:21	9.7	10:00	9.0	3:04	0.9	3:46	0.0	6:46	6:51	
19	Wed	10:16	9.8	10:48	9.4	4:01	0.4	4:35	-0.2	6:44	6:52	
20	Thu	11:05	9.9	11:30	9.7	4:52	0.1	5:18	-0.3	6:42	6:53	
21	Fri	11:50	9.9			5:37	-0.2	5:58	-0.2	6:41	6:54	
22	Sat	12:09	9.9	12:31	9.7	6:19	-0.3	6:34	0.0	6:39	6:56	
23	Sun	12:46	9.9	1:10	9.4	6:58	-0.3	7:09	0.3	6:37	6:57	
24	Mon	1:20	9.8	1:48	9.1	7:35	-0.2	7:44	0.7	6:35	6:58	
25	Tue	1:54	9.6	2:26	8.7	8:13	0.1	8:19	1.0	6:33	6:59	
26	Wed	2:30	9.4	3:06	8.3	8:52	0.4	8:58	1.4	6:32	7:00	
27	Thu	3:09	9.1	3:51	7.9	9:34	0.8	9:41	1.8	6:30	7:02	
28	Fri	3:54	8.8	4:41	7.6	10:22	1.1	10:29	2.0	6:28	7:03	
29	Sat	4:45	8.5	5:36	7.4	11:15	1.4	11:23	2.2	6:26	7:04	
30	Sun	5:42	8.4	6:35	7.4			12:12	1.5	6:24	7:05	
31	Mon	6:42	8.4	7:34	7.6	12:22	2.2	1:12	1.4	6:23	7:06	