

































## Portland, ME - Jul 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:55	9.2	10:07	11.3	3:42	-0.7	3:48	0.3	5:03	8:26	
2	Wed	10:54	9.4	11:05	11.5	4:40	-1.0	4:46	0.1	5:04	8:26	
3	Thu	11:52	9.6			5:37	-1.3	5:43	0.0	5:04	8:25	
4	Fri	12:02	11.5	12:47	9.8	6:32	-1.4	6:39	-0.1	5:05	8:25	
5	Sat	12:57	11.4	1:41	9.9	7:24	-1.3	7:34	0.0	5:06	8:25	
6	Sun	1:51	11.1	2:33	9.9	8:15	-1.0	8:29	0.2	5:06	8:24	
7	Mon	2:44	10.6	3:25	9.8	9:06	-0.6	9:26	0.4	5:07	8:24	
8	Tue	3:39	10.0	4:17	9.7	9:56	-0.1	10:24	0.7	5:08	8:24	
9	Wed	4:35	9.4	5:09	9.5	10:47	0.4	11:22	0.9	5:08	8:23	
10	Thu	5:32	8.8	6:00	9.4	11:38	0.9			5:09	8:23	
11	Fri	6:30	8.3	6:52	9.2	12:21	1.1	12:30	1.4	5:10	8:22	
12	Sat	7:29	8.0	7:46	9.1	1:21	1.2	1:24	1.8	5:11	8:22	
13	Sun	8:28	7.8	8:39	9.2	2:20	1.2	2:20	1.9	5:12	8:21	
14	Mon	9:22	7.8	9:28	9.3	3:14	1.1	3:11	1.9	5:12	8:20	
15	Tue	10:11	7.9	10:14	9.4	4:03	0.9	3:58	1.8	5:13	8:20	
16	Wed	10:56	8.1	10:56	9.6	4:47	0.7	4:41	1.7	5:14	8:19	
17	Thu	11:38	8.3	11:37	9.8	5:27	0.5	5:21	1.5	5:15	8:18	
18	Fri			12:17	8.4	6:04	0.3	6:00	1.4	5:16	8:17	
19	Sat	12:15	9.9	12:54	8.6	6:40	0.2	6:38	1.2	5:17	8:17	
20	Sun	12:52	10.0	1:29	8.9	7:14	0.0	7:17	1.0	5:18	8:16	
21	Mon	1:29	10.0	2:04	9.1	7:48	0.0	7:57	0.8	5:19	8:15	
22	Tue	2:08	9.9	2:40	9.4	8:25	-0.1	8:41	0.7	5:20	8:14	
23	Wed	2:49	9.7	3:20	9.6	9:04	0.0	9:28	0.5	5:21	8:13	
24	Thu	3:36	9.5	4:04	9.8	9:47	0.1	10:19	0.4	5:22	8:12	
25	Fri	4:27	9.2	4:54	10.0	10:35	0.3	11:14	0.4	5:23	8:11	
26	Sat	5:23	8.9	5:47	10.1	11:27	0.6			5:24	8:10	
27	Sun	6:25	8.6	6:47	10.2	12:14	0.3	12:24	0.8	5:25	8:09	
28	Mon	7:32	8.5	7:51	10.4	1:19	0.2	1:28	0.8	5:26	8:08	
29	Tue	8:41	8.6	8:56	10.6	2:27	0.0	2:33	0.7	5:27	8:07	
30	Wed	9:44	8.9	9:58	10.9	3:31	-0.4	3:36	0.5	5:28	8:06	
31	Thu	10:43	9.2	10:55	11.1	4:30	-0.7	4:35	0.2	5:29	8:04	