
































Portland, ME - Nov 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:48	8.6	1:46	9.5	7:35	1.5	8:12	0.5	7:17	5:31	
2	Sun	1:28	8.3	1:26	9.2	7:15	1.7	7:53	0.8	6:18	4:30	
3	Mon	2:12	8.0	2:10	9.0	7:57	1.9	8:39	1.1	6:20	4:28	
4	Tue	2:59	7.8	2:59	8.8	8:45	2.1	9:28	1.2	6:21	4:27	
5	Wed	3:50	7.8	3:52	8.6	9:37	2.2	10:18	1.3	6:22	4:26	
6	Thu	4:42	7.9	4:47	8.5	10:32	2.1	11:09	1.3	6:24	4:25	
7	Fri	5:33	8.1	5:43	8.6	11:29	1.9			6:25	4:24	
8	Sat	6:23	8.5	6:39	8.8	12:00	1.1	12:26	1.5	6:26	4:22	
9	Sun	7:11	9.1	7:33	9.0	12:51	0.9	1:21	0.8	6:28	4:21	
10	Mon	7:56	9.8	8:24	9.4	1:39	0.6	2:13	0.1	6:29	4:20	
11	Tue	8:41	10.4	9:14	9.7	2:26	0.3	3:01	-0.5	6:30	4:19	
12	Wed	9:26	11.0	10:03	9.9	3:12	0.0	3:50	-1.1	6:31	4:18	
13	Thu	10:12	11.4	10:53	10.0	3:59	-0.2	4:39	-1.5	6:33	4:17	
14	Fri	11:02	11.6	11:45	10.0	4:48	-0.3	5:30	-1.6	6:34	4:16	
15	Sat	11:53	11.5			5:38	-0.3	6:22	-1.5	6:35	4:15	
16	Sun	12:38	9.8	12:47	11.3	6:31	-0.1	7:16	-1.2	6:37	4:14	
17	Mon	1:34	9.6	1:44	10.9	7:27	0.2	8:14	-0.8	6:38	4:13	
18	Tue	2:34	9.3	2:47	10.4	8:29	0.5	9:16	-0.4	6:39	4:12	
19	Wed	3:39	9.2	3:54	9.9	9:35	0.8	10:19	0.0	6:40	4:12	
20	Thu	4:43	9.1	5:01	9.5	10:44	0.9	11:22	0.3	6:42	4:11	
21	Fri	5:45	9.2	6:08	9.2	11:53	0.9			6:43	4:10	
22	Sat	6:44	9.4	7:12	9.0	12:23	0.5	1:00	0.7	6:44	4:09	
23	Sun	7:39	9.6	8:10	8.9	1:21	0.7	1:59	0.4	6:45	4:09	
24	Mon	8:28	9.8	9:01	8.8	2:12	0.8	2:51	0.2	6:47	4:08	
25	Tue	9:12	9.9	9:48	8.8	2:59	0.9	3:37	0.0	6:48	4:08	
26	Wed	9:53	9.9	10:31	8.7	3:41	1.0	4:19	-0.1	6:49	4:07	
27	Thu	10:32	9.9	11:12	8.6	4:20	1.2	4:59	0.0	6:50	4:07	
28	Fri	11:09	9.8	11:50	8.5	4:58	1.3	5:36	0.1	6:51	4:06	
29	Sat	11:46	9.7			5:35	1.4	6:13	0.2	6:52	4:06	
30	Sun	12:28	8.4	12:23	9.5	6:12	1.5	6:49	0.4	6:54	4:05	