






























Portland, ME - Dec 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:06	8.3	1:00	9.4	6:48	1.6	7:30	0.5	6:55	4:05	
2	Tue	1:42	8.2	1:42	9.2	7:30	1.7	8:06	0.7	6:56	4:05	
3	Wed	2:24	8.1	2:24	9.0	8:12	1.8	8:48	0.8	6:57	4:04	
4	Thu	3:12	8.1	3:12	8.8	9:00	1.8	9:36	0.9	6:58	4:04	
5	Fri	3:54	8.3	4:06	8.6	9:54	1.7	10:18	0.9	6:59	4:04	
6	Sat	4:42	8.6	5:00	8.5	10:48	1.4	11:12	0.9	7:00	4:04	
7	Sun	5:30	9.0	5:54	8.6	11:42	1.1			7:01	4:04	
8	Mon	6:24	9.4	6:54	8.7	12:00	0.8	12:42	0.6	7:02	4:04	
9	Tue	7:12	10.0	7:54	8.9	12:54	0.7	1:42	-0.1	7:03	4:04	
10	Wed	8:06	10.6	8:48	9.2	1:48	0.4	2:36	-0.7	7:03	4:04	
11	Thu	9:00	11.1	9:42	9.5	2:42	0.1	3:30	-1.2	7:04	4:04	
12	Fri	9:54	11.4	10:36	9.7	3:36	-0.2	4:24	-1.6	7:05	4:04	
13	Sat	10:48	11.6	11:30	9.8	4:30	-0.3	5:18	-1.7	7:06	4:04	
14	Sun	11:42	11.6			5:24	-0.4	6:06	-1.7	7:07	4:04	
15	Mon	12:24	9.8	12:36	11.4	6:18	-0.4	7:00	-1.5	7:07	4:04	
16	Tue	1:18	9.8	1:30	11.0	7:12	-0.2	8:00	-1.1	7:08	4:05	
17	Wed	2:18	9.6	2:30	10.4	8:12	0.1	8:54	-0.6	7:09	4:05	
18	Thu	3:12	9.5	3:30	9.7	9:18	0.4	9:54	-0.1	7:09	4:05	
19	Fri	4:12	9.4	4:36	9.1	10:24	0.6	10:48	0.4	7:10	4:06	
20	Sat	5:12	9.3	5:42	8.7	11:30	0.8	11:48	0.8	7:10	4:06	
21	Sun	6:12	9.3	6:42	8.3			12:36	0.8	7:11	4:07	
22	Mon	7:06	9.3	7:42	8.2	12:48	1.2	1:36	0.6	7:11	4:07	
23	Tue	8:00	9.4	8:36	8.2	1:42	1.4	2:30	0.5	7:12	4:08	
24	Wed	8:48	9.4	9:30	8.2	2:30	1.4	3:18	0.3	7:12	4:08	
25	Thu	9:30	9.5	10:12	8.3	3:18	1.4	4:00	0.2	7:13	4:09	
26	Fri	10:12	9.6	10:54	8.3	4:00	1.4	4:42	0.1	7:13	4:10	
27	Sat	10:48	9.6	11:30	8.4	4:36	1.3	5:18	0.1	7:13	4:10	
28	Sun	11:30	9.7			5:12	1.3	5:54	0.1	7:13	4:11	
29	Mon	12:06	8.4	12:06	9.6	5:48	1.2	6:30	0.1	7:14	4:12	
30	Tue	12:42	8.4	12:42	9.5	6:30	1.2	7:00	0.1	7:14	4:13	
31	Wed	1:18	8.5	1:18	9.4	7:06	1.2	7:30	0.2	7:14	4:14	