US HARBORS www.USHarbors.com

Portland, ME - Apr 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:34	10.2	4:23	8.7	10:05	-0.3	10:18	0.9	6:21	7:07	
2	Thu	4:36	9.9	5:29	8.5	11:08	0.0	11:23	1.1	6:19	7:08	
3	Fri	5:44	9.6	6:38	8.5			12:16	0.2	6:18	7:10	
4	Sat	6:56	9.5	7:47	8.7	12:34	1.1	1:26	0.2	6:16	7:11	
5	Sun	8:07	9.6	8:50	9.2	1:47	0.9	2:31	0.0	6:14	7:12	
6	Mon	9:11	9.8	9:44	9.7	2:55	0.4	3:28	-0.2	6:12	7:13	
7	Tue	10:07	10.0	10:33	10.2	3:53	-0.1	4:19	-0.4	6:11	7:14	
8	Wed	10:59	10.1	11:18	10.5	4:45	-0.6	5:05	-0.4	6:09	7:16	
9	Thu	11:47	10.0			5:33	-0.8	5:48	-0.2	6:07	7:17	
10	Fri	12:01	10.6	12:32	9.8	6:18	-0.9	6:30	0.0	6:05	7:18	
11	Sat	12:42	10.5	1:16	9.5	7:01	-0.8	7:10	0.4	6:04	7:19	
12	Sun	1:21	10.3	1:58	9.2	7:43	-0.5	7:50	0.8	6:02	7:20	
13	Mon	2:00	10.0	2:40	8.7	8:25	-0.1	8:31	1.2	6:00	7:22	
14	Tue	2:42	9.6	3:26	8.3	9:09	0.3	9:15	1.6	5:59	7:23	
15	Wed	3:27	9.2	4:15	8.0	9:56	0.8	10:03	1.9	5:57	7:24	
16	Thu	4:18	8.8	5:08	7.8	10:47	1.1	10:57	2.1	5:55	7:25	
17	Fri	5:13	8.5	6:04	7.7	11:41	1.4	11:53	2.2	5:54	7:26	
18	Sat	6:10	8.4	6:59	7.8			12:36	1.5	5:52	7:28	
19	Sun	7:09	8.3	7:53	8.1	12:53	2.1	1:31	1.4	5:50	7:29	
20	Mon	8:06	8.5	8:41	8.5	1:52	1.8	2:22	1.2	5:49	7:30	
21	Tue	8:58	8.7	9:24	9.0	2:46	1.4	3:06	1.0	5:47	7:31	
22	Wed	9:44	9.0	10:03	9.6	3:33	0.8	3:48	0.7	5:46	7:32	
23	Thu	10:29	9.2	10:42	10.1	4:16	0.2	4:28	0.4	5:44	7:33	
24	Fri	11:12	9.5	11:22	10.5	4:59	-0.3	5:08	0.2	5:42	7:35	
25	Sat	11:57	9.6			5:43	-0.8	5:51	0.1	5:41	7:36	
26	Sun	12:04	10.9	12:42	9.7	6:28	-1.1	6:36	0.0	5:39	7:37	
27	Mon	12:48	11.0	1:30	9.6	7:14	-1.2	7:23	0.1	5:38	7:38	
28	Tue	1:36	11.0	2:20	9.5	8:04	-1.1	8:14	0.3	5:36	7:39	
29	Wed	2:28	10.8	3:16	9.2	8:58	-0.8	9:09	0.5	5:35	7:41	
30	Thu	3:25	10.5	4:17	9.1	9:56	-0.5	10:11	0.8	5:34	7:42	