US HARBORS www.USHarbors.com

Portland, ME - Jun 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**6:28**	9.5	**7:05**	9.8	**12:14**	0.7	**12:41**	0.2	5:02	8:15	
2	Tue	**7:33**	9.1	**8:02**	9.9	**1:21**	0.6	**1:40**	0.6	5:01	8:16	
3	Wed	**8:35**	8.9	**8:56**	10.0	**2:25**	0.4	**2:37**	0.8	5:01	8:17	
4	Thu	**9:32**	8.8	**9:45**	10.1	**3:22**	0.2	**3:29**	1.0	5:00	8:18	
5	Fri	**10:24**	8.8	**10:31**	10.1	**4:13**	0.0	**4:16**	1.1	5:00	8:18	
6	Sat	**11:12**	8.7	**11:14**	10.1	**5:00**	0.0	**5:01**	1.2	5:00	8:19	
7	Sun	**11:56**	8.7	**11:55**	10.0	**5:44**	0.0	**5:42**	1.3	4:59	8:20	
8	Mon			**12:38**	8.6	**6:25**	0.0	**6:22**	1.4	4:59	8:20	
9	Tue	**12:35**	9.9	**1:17**	8.6	**7:03**	0.1	**7:01**	1.5	4:59	8:21	
10	Wed	**1:13**	9.8	**1:56**	8.5	**7:40**	0.3	**7:40**	1.5	4:59	8:21	
11	Thu	**1:51**	9.6	**2:34**	8.5	**8:17**	0.4	**8:19**	1.6	4:58	8:22	
12	Fri	**2:30**	9.4	**3:14**	8.5	**8:55**	0.5	**9:01**	1.7	4:58	8:23	
13	Sat	**3:11**	9.2	**3:55**	8.5	**9:34**	0.7	**9:46**	1.7	4:58	8:23	
14	Sun	**3:55**	9.0	**4:37**	8.6	**10:14**	0.8	**10:34**	1.7	4:58	8:23	
15	Mon	**4:42**	8.7	**5:20**	8.8	**10:57**	0.9	**11:25**	1.6	4:58	8:24	
16	Tue	**5:32**	8.5	**6:05**	9.1	**11:42**	1.0			4:58	8:24	
17	Wed	**6:25**	8.4	**6:53**	9.4	**12:17**	1.3	**12:30**	1.1	4:58	8:25	
18	Thu	**7:22**	8.4	**7:44**	9.8	**1:13**	1.0	**1:22**	1.1	4:58	8:25	
19	Fri	**8:22**	8.5	**8:37**	10.2	**2:11**	0.6	**2:17**	0.9	4:59	8:25	
20	Sat	**9:19**	8.7	**9:31**	10.7	**3:08**	0.0	**3:13**	0.7	4:59	8:25	
21	Sun	**10:15**	9.0	**10:25**	11.1	**4:03**	-0.5	**4:07**	0.4	4:59	8:26	
22	Mon	**11:11**	9.4	**11:19**	11.5	**4:57**	-0.9	**5:01**	0.1	4:59	8:26	
23	Tue			**12:06**	9.6	**5:51**	-1.3	**5:57**	-0.1	5:00	8:26	
24	Wed	**12:15**	11.6	**1:01**	9.9	**6:44**	-1.5	**6:53**	-0.2	5:00	8:26	
25	Thu	**1:10**	11.6	**1:55**	10.0	**7:37**	-1.5	**7:49**	-0.2	5:00	8:26	
26	Fri	**2:06**	11.4	**2:49**	10.1	**8:30**	-1.3	**8:47**	-0.1	5:01	8:26	
27	Sat	**3:03**	10.9	**3:46**	10.2	**9:24**	-1.0	**9:48**	0.1	5:01	8:26	
28	Sun	**4:02**	10.4	**4:42**	10.1	**10:20**	-0.6	**10:50**	0.3	5:01	8:26	
29	Mon	**5:03**	9.8	**5:39**	10.0	**11:15**	-0.1	**11:53**	0.4	5:02	8:26	
30	Tue	**6:05**	9.2	**6:35**	9.9			**12:11**	0.5	5:02	8:26	