
































Portland, ME - Jun 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:28	9.5	7:05	9.8	12:14	0.7	12:41	0.2	5:02	8:15	
2	Tue	7:33	9.1	8:02	9.9	1:21	0.6	1:40	0.6	5:01	8:16	
3	Wed	8:35	8.9	8:56	10.0	2:25	0.4	2:37	0.8	5:01	8:17	
4	Thu	9:32	8.8	9:45	10.1	3:22	0.2	3:29	1.0	5:00	8:18	
5	Fri	10:24	8.8	10:31	10.1	4:13	0.0	4:16	1.1	5:00	8:18	
6	Sat	11:12	8.7	11:14	10.1	5:00	0.0	5:01	1.2	5:00	8:19	
7	Sun	11:56	8.7	11:55	10.0	5:44	0.0	5:42	1.3	4:59	8:20	
8	Mon			12:38	8.6	6:25	0.0	6:22	1.4	4:59	8:20	
9	Tue	12:35	9.9	1:17	8.6	7:03	0.1	7:01	1.5	4:59	8:21	
10	Wed	1:13	9.8	1:56	8.5	7:40	0.3	7:40	1.5	4:59	8:21	
11	Thu	1:51	9.6	2:34	8.5	8:17	0.4	8:19	1.6	4:58	8:22	
12	Fri	2:30	9.4	3:14	8.5	8:55	0.5	9:01	1.7	4:58	8:23	
13	Sat	3:11	9.2	3:55	8.5	9:34	0.7	9:46	1.7	4:58	8:23	
14	Sun	3:55	9.0	4:37	8.6	10:14	0.8	10:34	1.7	4:58	8:23	
15	Mon	4:42	8.7	5:20	8.8	10:57	0.9	11:25	1.6	4:58	8:24	
16	Tue	5:32	8.5	6:05	9.1	11:42	1.0			4:58	8:24	
17	Wed	6:25	8.4	6:53	9.4	12:17	1.3	12:30	1.1	4:58	8:25	
18	Thu	7:22	8.4	7:44	9.8	1:13	1.0	1:22	1.1	4:58	8:25	
19	Fri	8:22	8.5	8:37	10.2	2:11	0.6	2:17	0.9	4:59	8:25	
20	Sat	9:19	8.7	9:31	10.7	3:08	0.0	3:13	0.7	4:59	8:25	
21	Sun	10:15	9.0	10:25	11.1	4:03	-0.5	4:07	0.4	4:59	8:26	
22	Mon	11:11	9.4	11:19	11.5	4:57	-0.9	5:01	0.1	4:59	8:26	
23	Tue			12:06	9.6	5:51	-1.3	5:57	-0.1	5:00	8:26	
24	Wed	12:15	11.6	1:01	9.9	6:44	-1.5	6:53	-0.2	5:00	8:26	
25	Thu	1:10	11.6	1:55	10.0	7:37	-1.5	7:49	-0.2	5:00	8:26	
26	Fri	2:06	11.4	2:49	10.1	8:30	-1.3	8:47	-0.1	5:01	8:26	
27	Sat	3:03	10.9	3:46	10.2	9:24	-1.0	9:48	0.1	5:01	8:26	
28	Sun	4:02	10.4	4:42	10.1	10:20	-0.6	10:50	0.3	5:01	8:26	
29	Mon	5:03	9.8	5:39	10.0	11:15	-0.1	11:53	0.4	5:02	8:26	
30	Tue	6:05	9.2	6:35	9.9			12:11	0.5	5:02	8:26	