

































Portland, ME - Jul 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:08	8.7	7:32	9.8	12:57	0.5	1:09	0.9	5:03	8:26	
2	Thu	8:11	8.5	8:28	9.8	2:01	0.6	2:08	1.3	5:04	8:26	
3	Fri	9:10	8.3	9:20	9.7	3:00	0.5	3:03	1.4	5:04	8:25	
4	Sat	10:03	8.3	10:09	9.8	3:53	0.4	3:53	1.5	5:05	8:25	
5	Sun	10:51	8.3	10:53	9.8	4:41	0.4	4:39	1.5	5:05	8:25	
6	Mon	11:35	8.4	11:35	9.8	5:25	0.3	5:21	1.5	5:06	8:25	
7	Tue			12:16	8.5	6:05	0.3	6:01	1.4	5:07	8:24	
8	Wed	12:15	9.8	12:54	8.6	6:42	0.3	6:39	1.4	5:07	8:24	
9	Thu	12:52	9.8	1:30	8.6	7:16	0.3	7:16	1.4	5:08	8:23	
10	Fri	1:28	9.7	2:05	8.7	7:49	0.3	7:54	1.3	5:09	8:23	
11	Sat	2:04	9.5	2:40	8.8	8:23	0.4	8:32	1.3	5:10	8:22	
12	Sun	2:41	9.3	3:15	8.9	8:57	0.5	9:14	1.3	5:11	8:22	
13	Mon	3:21	9.1	3:53	9.1	9:35	0.6	9:59	1.2	5:11	8:21	
14	Tue	4:06	8.8	4:35	9.2	10:16	0.7	10:48	1.1	5:12	8:21	
15	Wed	4:54	8.6	5:20	9.4	11:01	0.9	11:40	1.0	5:13	8:20	
16	Thu	5:47	8.4	6:11	9.7	11:50	1.0			5:14	8:19	
17	Fri	6:46	8.3	7:07	9.9	12:37	0.8	12:45	1.1	5:15	8:18	
18	Sat	7:50	8.4	8:07	10.3	1:39	0.5	1:45	1.0	5:16	8:18	
19	Sun	8:54	8.6	9:08	10.7	2:42	0.1	2:47	0.7	5:17	8:17	
20	Mon	9:55	9.0	10:07	11.1	3:42	-0.4	3:47	0.3	5:18	8:16	
21	Tue	10:52	9.4	11:05	11.5	4:39	-0.9	4:45	0.0	5:19	8:15	
22	Wed	11:48	9.8			5:34	-1.3	5:42	-0.4	5:20	8:14	
23	Thu	12:01	11.6	12:42	10.2	6:27	-1.5	6:39	-0.6	5:21	8:13	
24	Fri	12:56	11.6	1:34	10.5	7:18	-1.5	7:34	-0.6	5:22	8:12	
25	Sat	1:50	11.3	2:26	10.5	8:08	-1.3	8:29	-0.5	5:23	8:11	
26	Sun	2:44	10.8	3:18	10.5	8:59	-0.9	9:27	-0.3	5:24	8:10	
27	Mon	3:41	10.2	4:11	10.3	9:51	-0.3	10:26	0.0	5:25	8:09	
28	Tue	4:39	9.5	5:06	10.0	10:44	0.3	11:26	0.4	5:26	8:08	
29	Wed	5:39	8.9	6:02	9.7	11:39	0.9			5:27	8:07	
30	Thu	6:40	8.4	6:59	9.5	12:28	0.7	12:37	1.4	5:28	8:06	
31	Fri	7:43	8.1	7:58	9.3	1:32	0.9	1:37	1.7	5:29	8:05	