

































Portland, ME - Dec 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:30	10.5	10:11	9.2	3:15	0.6	3:57	-0.7	6:54	4:05	
2	Wed	10:16	10.9	10:59	9.3	4:01	0.3	4:44	-1.0	6:55	4:05	
3	Thu	11:04	11.1	11:48	9.5	4:49	0.1	5:33	-1.2	6:57	4:04	
4	Fri	11:54	11.2			5:39	0.0	6:23	-1.3	6:58	4:04	
5	Sat	12:38	9.5	12:47	11.1	6:31	0.0	7:14	-1.1	6:59	4:04	
6	Sun	1:32	9.5	1:42	10.8	7:26	0.1	8:09	-0.9	7:00	4:04	
7	Mon	2:28	9.5	2:42	10.3	8:26	0.3	9:06	-0.6	7:01	4:04	
8	Tue	3:28	9.5	3:46	9.9	9:30	0.4	10:05	-0.2	7:01	4:04	
9	Wed	4:29	9.6	4:52	9.4	10:36	0.5	11:05	0.1	7:02	4:04	
10	Thu	5:30	9.7	5:59	9.1	11:44	0.4			7:03	4:04	
11	Fri	6:30	9.8	7:05	8.9	12:06	0.4	12:52	0.3	7:04	4:04	
12	Sat	7:27	9.9	8:06	8.8	1:07	0.6	1:54	0.0	7:05	4:04	
13	Sun	8:21	10.1	9:01	8.8	2:03	0.8	2:49	-0.2	7:06	4:04	
14	Mon	9:10	10.2	9:51	8.8	2:55	0.8	3:39	-0.4	7:06	4:04	
15	Tue	9:56	10.2	10:37	8.8	3:42	0.9	4:24	-0.4	7:07	4:04	
16	Wed	10:39	10.1	11:20	8.8	4:26	0.9	5:07	-0.3	7:08	4:05	
17	Thu	11:20	10.0			5:07	1.0	5:47	-0.2	7:09	4:05	
18	Fri	12:00	8.7	11:59 AM	9.9	5:47	1.0	6:25	-0.1	7:09	4:05	
19	Sat	12:39	8.6	12:38	9.7	6:26	1.1	7:02	0.1	7:10	4:06	
20	Sun	1:17	8.5	1:16	9.4	7:05	1.3	7:38	0.3	7:10	4:06	
21	Mon	1:55	8.5	1:56	9.1	7:46	1.4	8:17	0.5	7:11	4:07	
22	Tue	2:35	8.4	2:39	8.8	8:30	1.5	8:57	0.8	7:11	4:07	
23	Wed	3:17	8.4	3:26	8.5	9:17	1.5	9:39	1.0	7:12	4:08	
24	Thu	4:01	8.5	4:16	8.2	10:07	1.5	10:23	1.2	7:12	4:08	
25	Fri	4:46	8.7	5:09	8.0	10:59	1.4	11:11	1.3	7:13	4:09	
26	Sat	5:34	8.9	6:06	7.9	11:55	1.2			7:13	4:10	
27	Sun	6:25	9.2	7:05	8.0	12:03	1.3	12:53	0.8	7:13	4:10	
28	Mon	7:19	9.6	8:02	8.3	12:58	1.2	1:49	0.3	7:13	4:11	
29	Tue	8:12	10.1	8:56	8.6	1:53	0.9	2:43	-0.2	7:14	4:12	
30	Wed	9:04	10.6	9:48	9.0	2:46	0.5	3:35	-0.8	7:14	4:13	
31	Thu	9:56	11.0	10:41	9.5	3:39	0.1	4:26	-1.2	7:14	4:13	