



Portland, ME - Jan 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:50	11.4	11:32	9.9	4:33	-0.3	5:17	-1.6	7:14	4:14	☉
2	Sat	11:43	11.5			5:26	-0.6	6:07	-1.8	7:14	4:15	☉
3	Sun	12:23	10.1	12:35	11.4	6:19	-0.8	6:57	-1.7	7:14	4:16	☉
4	Mon	1:14	10.3	1:29	11.1	7:14	-0.7	7:49	-1.4	7:14	4:17	☾
5	Tue	2:07	10.3	2:26	10.5	8:11	-0.6	8:42	-1.0	7:14	4:18	☾
6	Wed	3:03	10.2	3:26	9.9	9:12	-0.3	9:38	-0.4	7:14	4:19	☾
7	Thu	4:00	10.0	4:30	9.2	10:15	0.0	10:35	0.1	7:14	4:20	☾
8	Fri	4:59	9.9	5:35	8.7	11:20	0.2	11:36	0.6	7:13	4:21	☾
9	Sat	6:00	9.7	6:42	8.4			12:28	0.3	7:13	4:22	☾
10	Sun	7:01	9.6	7:45	8.3	12:39	1.0	1:33	0.3	7:13	4:23	☾
11	Mon	7:59	9.6	8:42	8.3	1:41	1.1	2:31	0.2	7:12	4:24	☾
12	Tue	8:51	9.7	9:33	8.4	2:36	1.1	3:22	0.0	7:12	4:26	☾
13	Wed	9:39	9.7	10:18	8.5	3:24	1.1	4:07	-0.1	7:12	4:27	☾
14	Thu	10:22	9.8	10:59	8.6	4:08	1.0	4:48	-0.1	7:11	4:28	☾
15	Fri	11:02	9.8	11:37	8.7	4:49	0.9	5:25	-0.1	7:11	4:29	☾
16	Sat	11:39	9.7			5:26	0.8	5:59	-0.1	7:10	4:30	☾
17	Sun	12:12	8.7	12:14	9.6	6:03	0.8	6:32	0.0	7:10	4:32	☾
18	Mon	12:46	8.8	12:49	9.4	6:38	0.8	7:04	0.2	7:09	4:33	☾
19	Tue	1:19	8.8	1:25	9.1	7:15	0.9	7:37	0.3	7:08	4:34	☾
20	Wed	1:53	8.8	2:03	8.8	7:54	0.9	8:13	0.6	7:08	4:35	☾
21	Thu	2:29	8.8	2:45	8.5	8:37	1.0	8:53	0.8	7:07	4:37	☾
22	Fri	3:10	8.8	3:32	8.2	9:24	1.0	9:37	1.0	7:06	4:38	☾
23	Sat	3:55	8.9	4:25	7.9	10:15	1.0	10:26	1.2	7:05	4:39	☾
24	Sun	4:46	9.0	5:24	7.8	11:12	0.9	11:21	1.3	7:05	4:41	☾
25	Mon	5:43	9.2	6:28	7.8			12:15	0.7	7:04	4:42	☾
26	Tue	6:45	9.5	7:34	8.1	12:22	1.2	1:19	0.3	7:03	4:43	☾
27	Wed	7:47	10.0	8:34	8.6	1:26	0.9	2:20	-0.3	7:02	4:45	☉
28	Thu	8:46	10.6	9:29	9.2	2:26	0.3	3:15	-0.9	7:01	4:46	☉
29	Fri	9:42	11.1	10:22	9.8	3:23	-0.2	4:08	-1.4	7:00	4:47	☉
30	Sat	10:36	11.5	11:13	10.3	4:18	-0.8	4:58	-1.8	6:59	4:49	☉
31	Sun	11:28	11.6			5:11	-1.2	5:47	-2.0	6:58	4:50	☉