


































Portland, ME - Mar 2010

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | 11:13 | 11.3 | 11:39 | 11.1 | 4:57 | -1.5 | 5:25 | -1.7 | 6:17 | 5:29 |  |
| 2 | Tue | | | 12:04 | 11.2 | 5:48 | -1.7 | 6:12 | -1.6 | 6:15 | 5:30 |  |
| 3 | Wed | 12:27 | 11.2 | 12:55 | 10.7 | 6:39 | -1.7 | 6:59 | -1.1 | 6:13 | 5:32 |  |
| 4 | Thu | 1:14 | 11.0 | 1:46 | 10.1 | 7:31 | -1.3 | 7:48 | -0.5 | 6:12 | 5:33 |  |
| 5 | Fri | 2:04 | 10.6 | 2:41 | 9.4 | 8:25 | -0.8 | 8:40 | 0.2 | 6:10 | 5:34 |  |
| 6 | Sat | 2:57 | 10.0 | 3:39 | 8.7 | 9:22 | -0.2 | 9:35 | 0.8 | 6:08 | 5:35 |  |
| 7 | Sun | 3:54 | 9.5 | 4:41 | 8.2 | 10:23 | 0.4 | 10:35 | 1.4 | 6:06 | 5:37 |  |
| 8 | Mon | 4:56 | 9.0 | 5:46 | 7.8 | 11:28 | 0.8 | 11:41 | 1.7 | 6:05 | 5:38 |  |
| 9 | Tue | 6:01 | 8.7 | 6:50 | 7.8 | | | 12:36 | 1.0 | 6:03 | 5:39 |  |
| 10 | Wed | 7:05 | 8.7 | 7:49 | 7.9 | 12:48 | 1.8 | 1:38 | 1.0 | 6:01 | 5:40 |  |
| 11 | Thu | 8:03 | 8.8 | 8:40 | 8.2 | 1:49 | 1.6 | 2:30 | 0.8 | 5:59 | 5:42 |  |
| 12 | Fri | 8:52 | 9.0 | 9:23 | 8.5 | 2:40 | 1.3 | 3:14 | 0.6 | 5:58 | 5:43 |  |
| 13 | Sat | 9:35 | 9.2 | 10:02 | 8.9 | 3:24 | 1.0 | 3:52 | 0.4 | 5:56 | 5:44 |  |
| 14 | Sun | 11:14 | 9.3 | 11:37 | 9.1 | 5:04 | 0.7 | 5:26 | 0.3 | 6:54 | 6:45 |  |
| 15 | Mon | 11:51 | 9.4 | | | 5:40 | 0.4 | 5:57 | 0.3 | 6:52 | 6:47 |  |
| 16 | Tue | 12:09 | 9.4 | 12:27 | 9.3 | 6:14 | 0.2 | 6:28 | 0.3 | 6:50 | 6:48 |  |
| 17 | Wed | 12:40 | 9.5 | 1:01 | 9.3 | 6:48 | 0.0 | 6:59 | 0.4 | 6:49 | 6:49 |  |
| 18 | Thu | 1:11 | 9.6 | 1:35 | 9.1 | 7:23 | 0.0 | 7:32 | 0.5 | 6:47 | 6:50 |  |
| 19 | Fri | 1:43 | 9.7 | 2:11 | 8.9 | 7:59 | -0.1 | 8:09 | 0.6 | 6:45 | 6:51 |  |
| 20 | Sat | 2:19 | 9.7 | 2:51 | 8.7 | 8:40 | 0.0 | 8:50 | 0.8 | 6:43 | 6:53 |  |
| 21 | Sun | 3:00 | 9.7 | 3:38 | 8.4 | 9:26 | 0.2 | 9:36 | 1.0 | 6:41 | 6:54 |  |
| 22 | Mon | 3:49 | 9.6 | 4:32 | 8.2 | 10:19 | 0.3 | 10:31 | 1.1 | 6:40 | 6:55 |  |
| 23 | Tue | 4:46 | 9.5 | 5:34 | 8.1 | 11:18 | 0.4 | 11:31 | 1.2 | 6:38 | 6:56 |  |
| 24 | Wed | 5:50 | 9.4 | 6:41 | 8.3 | | | 12:22 | 0.4 | 6:36 | 6:57 |  |
| 25 | Thu | 6:59 | 9.6 | 7:49 | 8.7 | 12:38 | 1.1 | 1:29 | 0.2 | 6:34 | 6:59 |  |
| 26 | Fri | 8:09 | 9.8 | 8:52 | 9.3 | 1:49 | 0.7 | 2:34 | -0.2 | 6:32 | 7:00 |  |
| 27 | Sat | 9:13 | 10.2 | 9:47 | 10.0 | 2:55 | 0.1 | 3:31 | -0.6 | 6:31 | 7:01 |  |
| 28 | Sun | 10:11 | 10.6 | 10:39 | 10.6 | 3:54 | -0.6 | 4:24 | -1.0 | 6:29 | 7:02 |  |
| 29 | Mon | 11:05 | 10.8 | 11:28 | 11.1 | 4:49 | -1.2 | 5:13 | -1.2 | 6:27 | 7:03 |  |
| 30 | Tue | 11:57 | 10.8 | | | 5:41 | -1.6 | 6:01 | -1.1 | 6:25 | 7:05 |  |
| 31 | Wed | 12:15 | 11.3 | 12:47 | 10.6 | 6:32 | -1.7 | 6:48 | -0.9 | 6:23 | 7:06 |  |