
































## Portland, ME - Jun 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	2:31	9.8	3:16	8.7	8:58	0.3	9:06	1.5	5:02	8:15	
2	Wed	3:17	9.4	4:02	8.6	9:42	0.6	9:54	1.7	5:01	8:16	
3	Thu	4:05	9.0	4:49	8.5	10:26	0.9	10:45	1.8	5:01	8:17	
4	Fri	4:55	8.7	5:36	8.6	11:11	1.1	11:38	1.9	5:00	8:17	
5	Sat	5:47	8.4	6:23	8.7	11:57	1.3			5:00	8:18	
6	Sun	6:40	8.1	7:11	8.8	12:32	1.8	12:44	1.5	5:00	8:19	
7	Mon	7:36	8.1	7:59	9.1	1:27	1.6	1:34	1.6	4:59	8:19	
8	Tue	8:31	8.1	8:45	9.4	2:21	1.3	2:23	1.5	4:59	8:20	
9	Wed	9:22	8.2	9:30	9.8	3:11	0.9	3:11	1.4	4:59	8:21	
10	Thu	10:10	8.5	10:14	10.2	3:58	0.4	3:57	1.2	4:59	8:21	
11	Fri	10:57	8.7	11:00	10.5	4:43	0.0	4:43	0.9	4:58	8:22	
12	Sat	11:44	9.0	11:47	10.8	5:29	-0.4	5:30	0.7	4:58	8:22	
13	Sun			12:31	9.2	6:16	-0.7	6:19	0.4	4:58	8:23	
14	Mon	12:35	11.0	1:19	9.5	7:03	-1.0	7:10	0.3	4:58	8:23	
15	Tue	1:25	11.1	2:09	9.7	7:52	-1.1	8:02	0.2	4:58	8:24	
16	Wed	2:17	11.0	3:01	9.8	8:42	-1.0	8:58	0.2	4:58	8:24	
17	Thu	3:12	10.7	3:56	10.0	9:34	-0.9	9:57	0.2	4:58	8:25	
18	Fri	4:10	10.3	4:52	10.1	10:29	-0.6	10:59	0.3	4:58	8:25	
19	Sat	5:12	9.9	5:49	10.2	11:25	-0.2			4:59	8:25	
20	Sun	6:15	9.4	6:48	10.2	12:02	0.3	12:22	0.1	4:59	8:25	
21	Mon	7:21	9.1	7:47	10.3	1:08	0.2	1:22	0.5	4:59	8:26	
22	Tue	8:26	8.9	8:44	10.3	2:13	0.1	2:23	0.7	4:59	8:26	
23	Wed	9:26	8.9	9:39	10.4	3:14	-0.1	3:20	0.8	4:59	8:26	
24	Thu	10:22	8.9	10:29	10.4	4:09	-0.2	4:13	0.9	5:00	8:26	
25	Fri	11:13	8.9	11:17	10.4	5:00	-0.3	5:02	0.9	5:00	8:26	
26	Sat			12:00	8.9	5:47	-0.3	5:48	1.0	5:00	8:26	
27	Sun	12:03	10.3	12:44	8.9	6:31	-0.2	6:32	1.1	5:01	8:26	
28	Mon	12:45	10.2	1:26	8.9	7:12	-0.1	7:14	1.1	5:01	8:26	
29	Tue	1:26	10.0	2:05	8.8	7:50	0.1	7:54	1.2	5:02	8:26	
30	Wed	2:05	9.7	2:44	8.8	8:27	0.3	8:36	1.4	5:02	8:26	