

































Portland, ME - Oct 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:09	8.2	5:23	9.4	11:05	1.5	11:53	0.7	6:38	6:22	
2	Sat	6:11	8.3	6:28	9.6			12:08	1.3	6:39	6:20	
3	Sun	7:15	8.7	7:34	9.8	12:56	0.5	1:14	0.9	6:40	6:18	
4	Mon	8:17	9.3	8:38	10.2	1:59	0.1	2:20	0.4	6:42	6:17	
5	Tue	9:13	10.0	9:37	10.6	2:57	-0.3	3:21	-0.3	6:43	6:15	
6	Wed	10:05	10.7	10:32	10.8	3:50	-0.7	4:16	-1.0	6:44	6:13	
7	Thu	10:55	11.2	11:25	10.9	4:41	-1.0	5:10	-1.5	6:45	6:11	
8	Fri	11:44	11.5			5:30	-1.0	6:02	-1.7	6:46	6:10	
9	Sat	12:18	10.8	12:33	11.6	6:19	-0.9	6:53	-1.6	6:48	6:08	
10	Sun	1:09	10.5	1:22	11.3	7:08	-0.5	7:44	-1.3	6:49	6:06	
11	Mon	2:01	10.1	2:12	10.9	7:57	-0.1	8:37	-0.8	6:50	6:04	
12	Tue	2:55	9.5	3:05	10.4	8:49	0.5	9:33	-0.2	6:51	6:03	
13	Wed	3:52	9.0	4:03	9.8	9:46	1.0	10:32	0.3	6:52	6:01	
14	Thu	4:52	8.6	5:04	9.3	10:46	1.4	11:34	0.8	6:54	5:59	
15	Fri	5:52	8.3	6:06	9.0	11:49	1.7			6:55	5:58	
16	Sat	6:52	8.3	7:08	8.8	12:35	1.0	12:53	1.8	6:56	5:56	
17	Sun	7:49	8.4	8:06	8.8	1:34	1.2	1:54	1.6	6:57	5:54	
18	Mon	8:40	8.6	8:58	8.9	2:27	1.1	2:49	1.4	6:59	5:53	
19	Tue	9:25	9.0	9:44	9.0	3:13	1.0	3:35	1.0	7:00	5:51	
20	Wed	10:04	9.3	10:26	9.0	3:53	1.0	4:17	0.7	7:01	5:50	
21	Thu	10:41	9.5	11:05	9.1	4:29	0.9	4:55	0.4	7:02	5:48	
22	Fri	11:15	9.7	11:43	9.1	5:03	0.9	5:31	0.2	7:04	5:46	
23	Sat	11:49	9.8			5:36	0.9	6:06	0.1	7:05	5:45	
24	Sun	12:20	9.0	12:22	9.9	6:11	0.9	6:42	0.0	7:06	5:43	
25	Mon	12:57	8.9	12:58	9.9	6:47	1.0	7:20	0.0	7:07	5:42	
26	Tue	1:34	8.8	1:36	9.9	7:25	1.0	8:01	0.1	7:09	5:40	
27	Wed	2:15	8.7	2:18	9.9	8:07	1.1	8:47	0.2	7:10	5:39	
28	Thu	3:01	8.5	3:07	9.8	8:55	1.2	9:37	0.3	7:11	5:37	
29	Fri	3:54	8.5	4:03	9.7	9:49	1.3	10:33	0.3	7:13	5:36	
30	Sat	4:52	8.6	5:05	9.6	10:49	1.2	11:32	0.3	7:14	5:35	
31	Sun	5:53	8.8	6:10	9.6	11:54	1.0			7:15	5:33	