US HARBORS www.USHarbors.com

Portland, ME - Jul 2011

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:59	8.8			5:45	-0.1	5:44	0.9	5:03	8:26	
2	Sat	12:01	10.5	12:42	9.1	6:26	-0.4	6:29	0.6	5:03	8:26	
3	Sun	12:44	10.6	1:24	9.4	7:08	-0.6	7:15	0.4	5:04	8:26	
4	Mon	1:29	10.7	2:07	9.7	7:51	-0.8	8:03	0.2	5:04	8:25	
5	Tue	2:15	10.6	2:53	9.9	8:36	-0.8	8:54	0.1	5:05	8:25	
6	Wed	3:06	10.4	3:43	10.1	9:24	-0.7	9:49	0.1	5:06	8:25	
7	Thu	4:01	10.1	4:36	10.3	10:14	-0.5	10:48	0.1	5:06	8:24	
8	Fri	4:59	9.7	5:31	10.4	11:08	-0.2	11:49	0.1	5:07	8:24	
9	Sat	6:01	9.3	6:29	10.4			12:05	0.2	5:08	8:24	
10	Sun	7:07	9.0	7:31	10.4	12:53	0.1	1:06	0.5	5:09	8:23	
11	Mon	8:14	8.9	8:33	10.5	2:00	0.0	2:09	0.6	5:09	8:23	
12	Tue	9:18	8.9	9:32	10.6	3:04	-0.2	3:11	0.6	5:10	8:22	
13	Wed	10:16	9.1	10:27	10.7	4:03	-0.4	4:08	0.6	5:11	8:21	
14	Thu	11:10	9.2	11:19	10.7	4:56	-0.6	5:01	0.5	5:12	8:21	
15	Fri			12:00	9.3	5:46	-0.6	5:52	0.5	5:13	8:20	
16	Sat	12:08	10.7	12:47	9.4	6:33	-0.6	6:39	0.5	5:14	8:20	
17	Sun	12:53	10.5	1:30	9.4	7:16	-0.4	7:24	0.6	5:14	8:19	
18	Mon	1:37	10.2	2:11	9.3	7:56	-0.2	8:08	0.7	5:15	8:18	
19	Tue	2:19	9.8	2:52	9.3	8:35	0.2	8:52	0.9	5:16	8:17	
20	Wed	3:02	9.3	3:33	9.2	9:14	0.5	9:38	1.1	5:17	8:16	
21	Thu	3:47	8.9	4:16	9.1	9:55	0.9	10:26	1.3	5:18	8:16	
22	Fri	4:35	8.5	5:01	9.0	10:38	1.2	11:15	1.5	5:19	8:15	
23	Sat	5:25	8.1	5:48	8.9	11:23	1.5			5:20	8:14	
24	Sun	6:18	7.8	6:38	8.9	12:07	1.5	12:12	1.8	5:21	8:13	
25	Mon	7:15	7.7	7:31	9.0	1:03	1.5	1:04	1.9	5:22	8:12	
26	Tue	8:13	7.7	8:25	9.2	2:01	1.4	2:00	1.8	5:23	8:11	
27	Wed	9:08	7.9	9:15	9.6	2:56	1.1	2:54	1.6	5:24	8:10	
28	Thu	9:57	8.3	10:03	10.0	3:45	0.6	3:43	1.2	5:25	8:09	
29	Fri	10:43	8.7	10:50	10.4	4:30	0.2	4:31	0.8	5:26	8:08	
30	Sat	11:28	9.2	11:36	10.8	5:14	-0.3	5:19	0.4	5:27	8:07	
31	Sun			12:12	9.6	5:58	-0.7	6:07	-0.1	5:28	8:05	