US HARBORS www.USHarbors.com

Portland, ME - Jan 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:14	8.9	1:17	9.6	7:07	0.8	7:35	-0.1	7:14	4:15	
2	Wed	1:51	9.0	1:58	9.4	7:50	0.7	8:16	0.0	7:14	4:15	
3	Thu	2:32	9.1	2:45	9.2	8:37	0.7	9:01	0.1	7:14	4:16	
4	Fri	3:18	9.3	3:37	9.0	9:28	0.6	9:50	0.2	7:14	4:17	
5	Sat	4:08	9.5	4:35	8.8	10:25	0.5	10:43	0.3	7:14	4:18	
6	Sun	5:04	9.7	5:37	8.7	11:25	0.3	11:42	0.4	7:14	4:19	
7	Mon	6:03	10.0	6:44	8.8			12:30	0.0	7:14	4:20	
8	Tue	7:06	10.3	7:50	9.0	12:45	0.3	1:36	-0.5	7:13	4:21	
9	Wed	8:08	10.8	8:51	9.4	1:48	0.0	2:37	-1.0	7:13	4:23	
10	Thu	9:06	11.2	9:48	9.8	2:47	-0.3	3:33	-1.4	7:13	4:24	
11	Fri	10:02	11.5	10:43	10.1	3:44	-0.7	4:28	-1.8	7:12	4:25	
12	Sat	10:57	11.6	11:36	10.3	4:39	-0.9	5:20	-1.9	7:12	4:26	
13	Sun	11:49	11.5			5:33	-1.0	6:10	-1.8	7:12	4:27	
14	Mon	12:26	10.4	12:41	11.1	6:26	-0.9	6:59	-1.5	7:11	4:28	
15	Tue	1:16	10.3	1:32	10.6	7:18	-0.6	7:48	-1.0	7:11	4:30	
16	Wed	2:06	10.1	2:25	10.0	8:11	-0.3	8:38	-0.4	7:10	4:31	
17	Thu	2:58	9.8	3:20	9.3	9:07	0.1	9:29	0.2	7:09	4:32	
18	Fri	3:51	9.4	4:17	8.7	10:05	0.5	10:22	0.7	7:09	4:33	
19	Sat	4:45	9.1	5:16	8.2	11:05	0.8	11:17	1.2	7:08	4:35	
20	Sun	5:40	8.9	6:17	7.9			12:07	1.0	7:07	4:36	
21	Mon	6:37	8.9	7:17	7.8	12:16	1.5	1:08	1.0	7:07	4:37	
22	Tue	7:33	8.9	8:12	7.9	1:14	1.5	2:04	0.8	7:06	4:38	
23	Wed	8:23	9.1	9:00	8.1	2:07	1.4	2:52	0.6	7:05	4:40	
24	Thu	9:09	9.3	9:44	8.4	2:54	1.2	3:35	0.3	7:04	4:41	
25	Fri	9:50	9.6	10:24	8.6	3:35	1.0	4:13	0.1	7:03	4:42	
26	Sat	10:29	9.7	11:01	8.8	4:14	0.8	4:49	-0.1	7:03	4:44	
27	Sun	11:06	9.9	11:36	9.1	4:51	0.6	5:22	-0.3	7:02	4:45	
28	Mon	11:42	9.9			5:28	0.4	5:56	-0.4	7:01	4:46	
29	Tue	12:10	9.3	12:18	9.9	6:05	0.2	6:31	-0.5	7:00	4:48	
30	Wed	12:44	9.4	12:55	9.8	6:44	0.0	7:07	-0.4	6:59	4:49	
31	Thu	1:21	9.6	1:36	9.7	7:27	0.0	7:48	-0.3	6:58	4:50	