

































## Portland, ME - Jul 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:25	9.1	6:55	9.8	12:14	0.5	12:31	0.6	5:03	8:26	
2	Tue	7:27	8.7	7:51	9.7	1:17	0.7	1:29	1.0	5:04	8:26	
3	Wed	8:27	8.5	8:45	9.7	2:19	0.7	2:26	1.2	5:04	8:25	
4	Thu	9:22	8.4	9:34	9.7	3:14	0.6	3:18	1.3	5:05	8:25	
5	Fri	10:12	8.5	10:20	9.8	4:04	0.5	4:05	1.3	5:05	8:25	
6	Sat	10:57	8.5	11:02	9.8	4:48	0.4	4:48	1.3	5:06	8:25	
7	Sun	11:39	8.6	11:42	9.9	5:29	0.3	5:28	1.2	5:07	8:24	
8	Mon			12:19	8.7	6:07	0.2	6:06	1.2	5:08	8:24	
9	Tue	12:20	9.9	12:56	8.8	6:42	0.2	6:43	1.1	5:08	8:23	
10	Wed	12:56	9.9	1:31	8.9	7:16	0.1	7:19	1.1	5:09	8:23	
11	Thu	1:32	9.8	2:06	9.0	7:49	0.1	7:57	1.1	5:10	8:22	
12	Fri	2:08	9.7	2:41	9.1	8:24	0.2	8:37	1.0	5:11	8:22	
13	Sat	2:46	9.5	3:19	9.2	9:02	0.2	9:21	1.0	5:11	8:21	
14	Sun	3:28	9.3	4:00	9.4	9:42	0.3	10:08	0.9	5:12	8:21	
15	Mon	4:16	9.1	4:46	9.6	10:27	0.4	11:00	0.7	5:13	8:20	
16	Tue	5:08	8.9	5:36	9.8	11:16	0.5	11:55	0.6	5:14	8:19	
17	Wed	6:04	8.8	6:30	10.1			12:10	0.5	5:15	8:18	
18	Thu	7:06	8.8	7:30	10.4	12:55	0.4	1:08	0.5	5:16	8:18	
19	Fri	8:11	9.0	8:31	10.7	1:59	0.0	2:10	0.4	5:17	8:17	
20	Sat	9:15	9.3	9:32	11.2	3:02	-0.5	3:12	0.1	5:18	8:16	
21	Sun	10:14	9.7	10:30	11.5	4:01	-0.9	4:10	-0.3	5:19	8:15	
22	Mon	11:11	10.0	11:26	11.7	4:57	-1.3	5:08	-0.6	5:20	8:14	
23	Tue			12:07	10.4	5:51	-1.6	6:04	-0.8	5:21	8:13	
24	Wed	12:22	11.7	1:00	10.6	6:43	-1.7	6:59	-0.8	5:22	8:12	
25	Thu	1:15	11.5	1:51	10.7	7:34	-1.5	7:53	-0.7	5:23	8:11	
26	Fri	2:08	11.1	2:43	10.6	8:24	-1.2	8:48	-0.5	5:24	8:10	
27	Sat	3:02	10.6	3:35	10.4	9:15	-0.7	9:45	-0.1	5:25	8:09	
28	Sun	3:58	9.9	4:29	10.1	10:07	-0.1	10:43	0.3	5:26	8:08	
29	Mon	4:55	9.3	5:23	9.8	11:01	0.5	11:42	0.6	5:27	8:07	
30	Tue	5:54	8.8	6:18	9.5	11:56	1.0			5:28	8:06	
31	Wed	6:53	8.4	7:15	9.3	12:43	0.9	12:52	1.4	5:29	8:05	