





























## Portland, ME - Jan 2015

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:46	10.1	8:24	9.0	1:25	0.3	2:12	-0.3	7:14	4:14	
2	Fri	8:41	10.2	9:18	9.1	2:23	0.4	3:06	-0.5	7:14	4:15	
3	Sat	9:30	10.3	10:08	9.2	3:15	0.4	3:56	-0.6	7:14	4:16	
4	Sun	10:17	10.3	10:53	9.2	4:02	0.4	4:41	-0.6	7:14	4:17	
5	Mon	11:00	10.3	11:35	9.1	4:46	0.4	5:23	-0.6	7:14	4:18	
6	Tue	11:40	10.1			5:27	0.5	6:02	-0.4	7:14	4:19	
7	Wed	12:15	9.1	12:19	9.9	6:07	0.6	6:38	-0.2	7:14	4:20	
8	Thu	12:52	9.0	12:57	9.6	6:45	0.7	7:15	0.0	7:13	4:21	
9	Fri	1:30	8.9	1:36	9.3	7:25	0.9	7:52	0.2	7:13	4:22	
10	Sat	2:09	8.8	2:17	9.0	8:06	1.1	8:31	0.5	7:13	4:23	
11	Sun	2:50	8.7	3:01	8.6	8:51	1.2	9:13	0.8	7:13	4:24	
12	Mon	3:33	8.6	3:50	8.3	9:39	1.3	9:57	1.0	7:12	4:25	
13	Tue	4:20	8.6	4:42	8.0	10:30	1.4	10:45	1.2	7:12	4:27	
14	Wed	5:08	8.7	5:38	7.9	11:25	1.3	11:37	1.3	7:11	4:28	
15	Thu	6:01	8.9	6:37	7.9			12:23	1.0	7:11	4:29	
16	Fri	6:56	9.2	7:35	8.2	12:33	1.2	1:21	0.6	7:10	4:30	
17	Sat	7:50	9.7	8:30	8.6	1:29	0.9	2:16	0.1	7:10	4:31	
18	Sun	8:41	10.2	9:20	9.1	2:23	0.5	3:06	-0.5	7:09	4:33	
19	Mon	9:31	10.8	10:10	9.6	3:14	0.0	3:55	-1.1	7:08	4:34	
20	Tue	10:21	11.2	10:59	10.1	4:05	-0.5	4:44	-1.6	7:08	4:35	
21	Wed	11:12	11.5	11:48	10.4	4:56	-0.9	5:33	-1.9	7:07	4:36	
22	Thu			12:03	11.6	5:47	-1.2	6:22	-2.0	7:06	4:38	
23	Fri	12:38	10.6	12:54	11.4	6:40	-1.2	7:11	-1.8	7:06	4:39	
24	Sat	1:29	10.7	1:48	11.0	7:34	-1.1	8:03	-1.5	7:05	4:40	
25	Sun	2:22	10.6	2:46	10.4	8:31	-0.9	8:58	-1.0	7:04	4:42	
26	Mon	3:19	10.4	3:48	9.8	9:32	-0.5	9:56	-0.4	7:03	4:43	
27	Tue	4:19	10.1	4:52	9.2	10:36	-0.2	10:56	0.1	7:02	4:44	
28	Wed	5:21	9.8	5:59	8.8	11:44	0.0			7:01	4:46	
29	Thu	6:25	9.7	7:06	8.6	12:01	0.5	12:52	0.1	7:00	4:47	
30	Fri	7:28	9.7	8:08	8.6	1:07	0.7	1:56	0.1	6:59	4:48	
31	Sat	8:25	9.7	9:03	8.7	2:07	0.8	2:52	-0.1	6:58	4:50	