US HARBORS www.USHarbors.com

Portland, ME - Jan 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:54	8.7	4:09	8.5	9:58	1.4	10:20	1.0	7:14	4:14	
2	Sat	4:44	8.6	5:04	8.1	10:53	1.5	11:10	1.3	7:14	4:15	
3	Sun	5:35	8.6	6:01	7.9	11:50	1.5			7:14	4:16	
4	Mon	6:27	8.7	6:59	7.9	12:03	1.4	12:49	1.3	7:14	4:17	
5	Tue	7:18	8.9	7:53	8.0	12:56	1.5	1:43	1.0	7:14	4:18	
6	Wed	8:06	9.2	8:42	8.2	1:47	1.3	2:31	0.7	7:14	4:19	
7	Thu	8:50	9.5	9:26	8.5	2:32	1.1	3:14	0.2	7:14	4:20	
8	Fri	9:32	9.9	10:09	8.8	3:15	0.8	3:55	-0.2	7:13	4:21	
9	Sat	10:13	10.2	10:50	9.1	3:57	0.5	4:35	-0.6	7:13	4:22	
10	Sun	10:55	10.5	11:32	9.4	4:40	0.2	5:16	-0.9	7:13	4:23	
11	Mon	11:38	10.7			5:23	-0.1	5:58	-1.1	7:13	4:24	
12	Tue	12:14	9.6	12:22	10.8	6:08	-0.3	6:42	-1.2	7:12	4:25	
13	Wed	12:57	9.8	1:08	10.7	6:56	-0.4	7:27	-1.2	7:12	4:26	
14	Thu	1:44	9.9	1:58	10.5	7:46	-0.4	8:16	-1.0	7:11	4:27	
15	Fri	2:34	10.0	2:53	10.1	8:41	-0.3	9:09	-0.7	7:11	4:29	
16	Sat	3:30	10.0	3:54	9.6	9:40	-0.2	10:05	-0.4	7:10	4:30	
17	Sun	4:28	10.0	4:58	9.3	10:43	-0.1	11:05	0.0	7:10	4:31	
18	Mon	5:29	10.0	6:06	9.0	11:50	-0.1			7:09	4:32	
19	Tue	6:34	10.0	7:14	8.9	12:08	0.2	12:59	-0.2	7:09	4:34	
20	Wed	7:37	10.2	8:18	9.1	1:14	0.3	2:04	-0.4	7:08	4:35	
21	Thu	8:35	10.4	9:15	9.2	2:16	0.2	3:02	-0.7	7:07	4:36	
22	Fri	9:29	10.5	10:07	9.4	3:11	0.1	3:54	-0.9	7:07	4:37	
23	Sat	10:19	10.6	10:55	9.5	4:03	0.0	4:42	-1.0	7:06	4:39	
24	Sun	11:06	10.6	11:40	9.5	4:51	-0.1	5:27	-0.9	7:05	4:40	
25	Mon	11:49	10.4			5:35	0.0	6:08	-0.8	7:04	4:41	
26	Tue	12:22	9.4	12:31	10.1	6:18	0.1	6:48	-0.5	7:03	4:43	
27	Wed	1:02	9.3	1:11	9.7	7:00	0.3	7:26	-0.2	7:02	4:44	
28	Thu	1:41	9.2	1:53	9.3	7:41	0.5	8:05	0.2	7:01	4:45	
29	Fri	2:22	9.0	2:36	8.9	8:25	0.8	8:46	0.6	7:00	4:47	
30	Sat	3:05	8.8	3:24	8.4	9:12	1.0	9:30	1.0	6:59	4:48	
31	Sun	3:50	8.6	4:14	8.0	10:02	1.2	10:16	1.3	6:58	4:49	