

































Portland, ME - Jul 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:48	9.5	9:09	11.0	2:35	-0.4	2:48	0.0	5:03	8:26	
2	Sat	9:49	9.7	10:06	11.2	3:36	-0.8	3:46	-0.1	5:04	8:26	
3	Sun	10:47	9.8	11:00	11.4	4:32	-1.1	4:42	-0.2	5:04	8:25	
4	Mon	11:42	9.9	11:53	11.4	5:27	-1.3	5:36	-0.2	5:05	8:25	
5	Tue			12:34	10.0	6:18	-1.3	6:28	-0.1	5:06	8:25	
6	Wed	12:44	11.2	1:24	9.9	7:08	-1.2	7:19	0.1	5:06	8:24	
7	Thu	1:33	10.9	2:13	9.8	7:56	-0.9	8:08	0.3	5:07	8:24	
8	Fri	2:22	10.5	3:01	9.6	8:43	-0.5	8:59	0.6	5:08	8:24	
9	Sat	3:11	10.0	3:49	9.4	9:30	-0.1	9:50	0.9	5:08	8:23	
10	Sun	4:02	9.4	4:38	9.2	10:17	0.4	10:43	1.2	5:09	8:23	
11	Mon	4:54	9.0	5:27	9.1	11:05	0.8	11:37	1.4	5:10	8:22	
12	Tue	5:47	8.5	6:17	9.0	11:53	1.1			5:11	8:22	
13	Wed	6:41	8.2	7:08	9.0	12:33	1.5	12:43	1.4	5:12	8:21	
14	Thu	7:38	8.1	7:59	9.1	1:30	1.4	1:36	1.6	5:13	8:20	
15	Fri	8:34	8.1	8:49	9.3	2:25	1.3	2:28	1.6	5:13	8:20	
16	Sat	9:25	8.2	9:35	9.5	3:16	1.0	3:16	1.5	5:14	8:19	
17	Sun	10:12	8.4	10:18	9.8	4:01	0.7	4:00	1.3	5:15	8:18	
18	Mon	10:56	8.6	11:00	10.0	4:43	0.4	4:43	1.1	5:16	8:17	
19	Tue	11:38	8.8	11:41	10.3	5:23	0.1	5:24	0.8	5:17	8:17	
20	Wed			12:19	9.1	6:03	-0.2	6:07	0.6	5:18	8:16	
21	Thu	12:22	10.5	12:59	9.4	6:43	-0.5	6:50	0.4	5:19	8:15	
22	Fri	1:04	10.6	1:40	9.7	7:24	-0.7	7:36	0.2	5:20	8:14	
23	Sat	1:48	10.6	2:23	9.9	8:06	-0.8	8:23	0.0	5:21	8:13	
24	Sun	2:35	10.5	3:10	10.1	8:52	-0.7	9:14	0.0	5:22	8:12	
25	Mon	3:26	10.3	4:00	10.2	9:41	-0.6	10:10	0.0	5:23	8:11	
26	Tue	4:21	10.0	4:54	10.3	10:33	-0.4	11:09	0.0	5:24	8:10	
27	Wed	5:21	9.6	5:52	10.3	11:29	-0.1			5:25	8:09	
28	Thu	6:24	9.3	6:53	10.4	12:11	0.0	12:28	0.2	5:26	8:08	
29	Fri	7:31	9.2	7:56	10.5	1:17	0.0	1:31	0.3	5:27	8:07	
30	Sat	8:38	9.2	8:58	10.6	2:23	-0.2	2:35	0.3	5:28	8:06	
31	Sun	9:39	9.3	9:55	10.8	3:25	-0.5	3:35	0.2	5:29	8:04	