

































## Portland, ME - Jan 2017

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:47	8.9	12:48	9.9	6:37	0.7	7:09	-0.3	7:14	4:15	
2	Mon	1:25	9.0	1:29	9.9	7:19	0.6	7:50	-0.3	7:14	4:15	
3	Tue	2:06	9.1	2:15	9.7	8:05	0.6	8:35	-0.2	7:14	4:16	
4	Wed	2:52	9.2	3:06	9.5	8:56	0.5	9:24	-0.1	7:14	4:17	
5	Thu	3:43	9.4	4:02	9.3	9:52	0.5	10:17	0.0	7:14	4:18	
6	Fri	4:38	9.6	5:03	9.1	10:52	0.3	11:14	0.1	7:14	4:19	
7	Sat	5:36	9.8	6:09	9.0	11:56	0.1			7:13	4:20	
8	Sun	6:37	10.1	7:16	9.1	12:15	0.1	1:02	-0.3	7:13	4:21	
9	Mon	7:39	10.5	8:20	9.4	1:17	0.0	2:05	-0.8	7:13	4:23	
10	Tue	8:37	10.9	9:18	9.7	2:18	-0.2	3:04	-1.2	7:13	4:24	
11	Wed	9:33	11.2	10:14	9.9	3:15	-0.5	3:59	-1.6	7:12	4:25	
12	Thu	10:27	11.4	11:07	10.1	4:09	-0.6	4:52	-1.7	7:12	4:26	
13	Fri	11:19	11.4	11:58	10.1	5:03	-0.7	5:43	-1.7	7:12	4:27	
14	Sat			12:10	11.1	5:54	-0.6	6:31	-1.5	7:11	4:28	
15	Sun	12:47	10.0	12:59	10.7	6:45	-0.4	7:19	-1.1	7:11	4:30	
16	Mon	1:36	9.8	1:49	10.2	7:35	-0.1	8:07	-0.6	7:10	4:31	
17	Tue	2:25	9.5	2:41	9.6	8:27	0.3	8:56	-0.1	7:09	4:32	
18	Wed	3:16	9.2	3:34	9.0	9:22	0.7	9:46	0.5	7:09	4:33	
19	Thu	4:07	9.0	4:30	8.5	10:18	1.0	10:37	0.9	7:08	4:35	
20	Fri	5:00	8.8	5:28	8.1	11:16	1.2	11:31	1.3	7:07	4:36	
21	Sat	5:53	8.7	6:27	7.9			12:17	1.2	7:07	4:37	
22	Sun	6:48	8.7	7:26	7.8	12:27	1.5	1:17	1.1	7:06	4:38	
23	Mon	7:41	8.9	8:19	8.0	1:23	1.5	2:10	0.9	7:05	4:40	
24	Tue	8:29	9.1	9:06	8.2	2:13	1.4	2:56	0.6	7:04	4:41	
25	Wed	9:13	9.4	9:49	8.4	2:58	1.2	3:38	0.2	7:03	4:42	
26	Thu	9:54	9.7	10:29	8.7	3:39	0.9	4:16	-0.1	7:03	4:44	
27	Fri	10:33	9.9	11:08	8.9	4:18	0.7	4:53	-0.3	7:02	4:45	
28	Sat	11:11	10.1	11:44	9.2	4:56	0.4	5:29	-0.5	7:01	4:46	
29	Sun	11:49	10.3			5:35	0.2	6:06	-0.7	7:00	4:48	
30	Mon	12:21	9.4	12:28	10.3	6:16	0.0	6:45	-0.8	6:59	4:49	
31	Tue	12:59	9.6	1:10	10.2	6:59	-0.2	7:26	-0.8	6:57	4:50	